



August 25, 2016

Dear Parent(s),

Back to school is an exciting time for students and families, and as the beginning of the school year quickly approaches, we want to extend a warm welcome back to school and back to the café! Chartwells K12 and River Dell are eager to welcome you and your student back to the school café with new flavors, events, and food and wellness education that surely to inspire a healthy and fun 2016-17 school year!

New Menus and Café Spaces

Chartwells K12 chefs and dietitians have been hard at work testing and developing a fresh, new menu for the coming school year designed specifically for River Dell students that include a wide variety of healthy and delicious options. These menus were created using student input from surveys, tastings and everyday conversations as well as local food trends, flavors and produce. The new menu includes:

- *Specialty Salads*
- *Vegetarian Specialties*
- *Many Ala Carte items: Too many to name (refer to weekly menu items)*

Fresh Produce and Local Partners

Infusing fresh and local flavors into the school menu is a priority for our chefs, and we are proud to support local farmers and companies, bringing students fresh local produce.

Gardens

In addition to sourcing fresh ingredients from local farmers and suppliers, we are thrilled to introduce fresh, seasonal ingredients grown by our students through the Middle School gardens. Students who have a hand in planting, tending and harvesting garden produce are more likely to try what they grow and are also more likely to try new fruits and vegetables in general. We are committed to supporting edible education throughout the district.

Mobile Menus are in Your Hands

Introduced last year, Nutrislice brings the power of the school menu, nutrition and allergen information right to the palm of your hand! In addition to nutrition information, Nutrislice tells the café menu story with real photos taken by Chartwells chefs in schools, full menu descriptions as well as café event information, nutrition education and food stories helping students connect the foods they eat in the café to its origins and health benefits.

Nutrislice is available online through smartphones and the web! Download the free Nutrislice App from the App Store (iOS) or Google Play (Android) and search for your menus or find them on the web: <http://www.riverdell.nutrislice.com>.

Best Regards,

Beverly Daniele

Food Service Director

Chartwells K12

Beverly.daniele@riverdell.org