

Sergen County Sehavioral Health Services for Children & Sdolescents

Northern New Jersey Maternal/ Child Health Consortium
Perinatal Addiction Prevention Project
17 Arcadian Avenue, Suite 204 Paramus, New Jersey 07652
www.maternalchildhealth.org
201-843-7400 Extension 16
Funded by
The New Jersey Department of Health & Senior Services







Bergen County Behavioral Health Services for Children and Adolescent Purpose and Intent

The purpose of this directory is to provide Pediatricians and other health care practitioners in private practice with listing of licensed practitioners in Bergen County that provide behavioral health services designed to address the needs of children, adolescents, and their families.

The intent of this Directory is to link Pediatricians and other health care clinicians with licensed Behavioral health clinicians if a patient is identified at-risk during routine visits.

The consequences of untreated and under-identified behavioral health disorders in childhood and Adolescence is well documented and is a contributing factor for; substance use during adulthood including during pregnancy; Postpartum Depression, Post Traumatic Stress Disorder, Anxiety, Depression, Attention Deficit/Hyperactivity Disorders, Fetal Alcohol Syndrome, Somatic Symptoms, self mutilation, suicidal ideations, and other related disorders.

The behavioral health private practitioners and agencies listed in this directory were identified through the New Jersey Department of Consumer Affairs/New Jersey Board of Examiners that provided a list of licensed practitioners primarily located in Bergen County. License numbers and expiration dates are on file.

The Northern New Jersey Maternal/Child Health Consortium shall have absolutely no liability in connection with provider services, or with data, information, or lack of information available in this directory. Specifically, the Northern New Jersey Maternal/Child Health Consortium shall have no liability for 1) any loss or injury caused in whole or in part by its actions, omissions, or negligence, or for contingencies beyond its control, in procuring, compiling or delivering the information; 2) any errors, omissions, or inaccuracies in the information regardless of how caused, or delays or interruptions in the delivery of information; 3) any decisions made or action taken or not taken in reliance upon the information furnished hereunder.

The Northern New Jersey Maternal/Child Health Consortium makes no warranty, representation, or guarantee, as to the content, accuracy, timeliness or completeness of the information contained in this directory, or that such information may be relied upon for reasons other than its express purpose. The Northern New Jersey Maternal/Child Health Consortium makes no warranty, representations, or guarantee that the information contained in this directory of substance abuse treatment services will be error-free.

Inclusion of substance abuse, mental health, and/or domestic violence practitioners does not constitute an endorsement of these providers' practices by the Northern New Jersey Maternal/Child Health Consortium, its agents or representatives. The Northern New Jersey Maternal/Child Health Consortium makes no representations or claims as to the quality of these providers' services or the content and accuracy of the information contained herein.



Community-based approaches are utilized daily throughout the country in an effort to prevent untreated mental health disorders, long term substance use, and domestic violence throughout a persons lifetime.

In an effort to address prevention issues on a local level, therapists in private practice throughout Northern New Jersey were invited to attend Networking Meetings. As a result of these meetings, the Committee identified several community needs and strategies to address early identification of persons at-risk for behavioral health disorders, including the following:

- 1. In order to help prevent mental health, substance abuse, and domestic violence throughout a person's lifetime, early intervention was identified as essential.
- 2. Children and adolescents exhibiting early behavioral and emotional symptoms are frequently not identified and referred to a behavioral health clinician for an assessment. As a result, children may appear later into care frequently exhibiting severe symptoms, including school phobias, depression, anxiety, substance use, self mutilation, behavioral problems, suicide ideations/attempts, etc.
- 3. A common belief still exists that behavioral or emotional symptoms that children present with will disappear in time, further causing a delay in treatment.
- 4. Parents will often deny a problem exists unless the healthcare provider or education system explains their concerns and recommends an assessment or treatment.
- 5. An increased number of families are now facing unemployment, a drop in medical benefits, inability to meet mortgage or rental payments, food, etc.
- 6. For persons that speak a language other than English, behavioral health services are lacking and frequently difficult to locate.
- 7. Publicly funded mental health and substance abuse agencies have long waiting lists.
- 8. Physicians face increasing pressures to comply with insurance company requirements limiting the time and attention they can devote to patients to help determine underlying issues.
- 9. Physicians are often not trained to identify and address behavioral health needs during routine visits..

Recommendations

- Develop a listing of local resources that physicians, nurse practitioners, midwives and other health care
 providers in private practice can easily access in order to refer children and adolescents presenting with
 emotional and/or behavioral health signs and symptoms including; anxiety, depression, eating
 disorders, ADHD, self-mutilation, etc.
- 2. Offer educational presentations regarding the signs and symptoms of behavioral health issues to physicians, midwives, and nurse practitioners during Grand Rounds and other learning forums.
- 3. Make available a list of behavioral health screening tools physicians, midwives, and nurse practitioners can easily integrate into their practice.
- 4. Provide on-site training to physicians, midwives, and nurse practitioners in their private offices.
- 5. Provide telephone consultations to physicians and nurse practitioners by licensed therapists.
- 6. Provide community-based presentations to families to help diminish the stigma of seeking behavioral health h services for their children.



Networking Committee of Licensed Practitioners

The Following Practitioners are Available to Provide a Probono Telephone Consultation & On-Site Staff Training

*Graham B. Nancy, LCSW	201-615-1475
*Renata Jachna, LCADC, LPC	973-986-3047
*Frances Levine, LCSW	201-837-5259
*Efrat Shaked, LCSW	201-568-8288
*Pamela Pater Ennis, LCSW	201-962-6443
*David Glaser, LCSW	201-337-9165
*Sherry Katz, LCSW	201-445-4770
*Elizabeth Curshen, LCSW	201-248-7704
*Lisa D'Acierno, LCSW	201-357-2715
*Alida De Russi, LCSW	201-833-8838
*Tamini Farah Wingerath, LCSW	201-262-6704
*Frank J. Sileo, Ph.D	201-447-0705
*Lynn J. Saltiel, LCSW	201-725-6482
*Raluca Radulescu, MD	201-445-1990
*Susan Donnelly, LCSW	201-214-8938
*Jo Ponticello, LCSW	973-338-6744

For additional information regarding each practitioner listed, please refer to the directory.

EMERGENCY CONTACT INFORMATION Page 23-24

TABLE OF CONTENTS

Acting Out Adolescents		9	
Addictions		9	
Attention Deficit/Hyperactivity Disorders/Social		9	
Adolescents/College Aged Clients/and their Fami	lies .	10	
Adolescent Residential		10	
Adoption		11	
After School Partial Care Program		11	
Adult Psychotherapy		11	
After School Partial Care Program		11	
Anger Management Program		11	
Anxiety/Anxiety Disorders		12, 13, 14	
Asperger's Disorder/Autism Spectrum Disorders	Related Services	14	
Art Therapists		14	
Behavioral & Academic Related Issues		15	
Bereavement/Bereavement & Loss		15	
Bi-lingual/English Support Group		15	
Bi-Polar Disorder		15	
Body Image Issues		15	
Boundary Building & Limit Setting		15	
Bullying		16	
Career Exploration and Development		16	
Certified Therapist EMDR– Trauma		16	
Child Therapy		16	
Child and Adolescent Psychiatry: Medication Man	aoement .	16, 17	
Children and Families	agement .	17	
Child Life Specialist		17	
Children of Divorce		17	
Cognitive Behavioral Therapy		17	
Cognitive Deficulties		17	
Communication Enhancement		18	
Co-Occurring Disorders		18	
Co-Parenting Disorders Co-Parenting		18	
Coping with Chronic Illness		18	
Counseling	•	18	
	•	18	
Couples Counseling Critical Incident	•		
	•	18	
Dealing with Grief		19	
Death & Dying Issues		19	
Defiant Behaviors		19	
Depression Discourse of the Land Control of th	•	19, 20, 21	
Diagnosis of Fetal Alcohol Syndrome	•	21	
Dialectical Behavioral Therapy		21	
Disruptive Disorders		21	
EMERGENCY CONTACT INFORMATION			

Page 23-24

TABLE OF CONTENTS

Divorce Group for Children/Divorce Issues/Div	vorcin	g Families		21, 22
Domestic Violence		C		22
Early Intervention—Substance Abuse				22
Eating Disorders/Eating Disorder Treatment for	Male	s/Females		22, 23
Emotional or Behavioral Crisis- Adults				22
Emotional or Behavioral Crisis-Children				24
Expectant Mothers Group				24
Family and Child Therapy				24
Family Conflict Resolution				24
Family Crisis Intervention				24
Family Education, Counseling, & Workshops				24
Family Issues		•		24, 25
Family Therapy				25
Family Work				25
Gay & Lesbian Issues				25, 26
GED Programs and Job Readiness				26
Grief				26
Group Psychotherapy				26
Healing From Sexual Abuse				26
Helping Children Deal with Loss				26
Hypnosis				27
Hypnotherapy				27
Immigration				27
Infidelity				27
Inpatient- Substance Abuse Disorders				27
Intensive Outpatient substance Abuse Disorder				27
Life Transitions				27
Loss and Grief		-		27, 28
Male Adolescent Residential Substance Abuse Pro	ogram			28
Marijuana Cessation for Boys				28
Mediation Specialist	•	•	•	28
Medication Management	•	•	•	28
Mental Health First Aid	•	•	•	28
Mood Disorders	•	•	•	29
Mothers and Children	•	•	•	29
New Mom's Group	•	•	•	29
NJ Certified Social Worker	•	•	•	29
Obsessive Compulsive Disorders	•	•	•	29, 30
Oppositional Defiant Disorders	•	•	•	30
Pain	•	•	•	30
Panic Attacks	•	•	•	30
Parent Child Conflict	•	•	•	30
raicht Chiid Collinct	•	•	•	50

EMERGENCY CONTACT INFORMATION Page 23-24

TABLE OF CONTENTS

Parent Education/Parent Training/Parenting	•		31
Parenting & Life Transitions/ Parenting Issues			31
Parenting Specialist		•	31
Parents & Caregivers with Children		•	32
Parents Learn to Cope with Children's Reactions t	o Divor	ce	32
Parents of Children with ADHD/Conduct Disord	lers		32
Parents Support Group			32
Parents, Caregivers of Person with Addictions			32
Pet Therapy			32
Phobias			33
Play Therapy/Play & Art Therapy with Young Ch	ildren	•	33
Post Traumatic Stress Disorders		•	34
Postpartum Depression			34
Psychiatrist: Child & Adolescent			34
Psychoanalysis			34
Psychoanalysis & Psychotherapy			35
Rational Emotive Therapy			35
Re-entry Programs and Family Services			35
Residential Substance Abuse: Adolescent Males			35
Runaway			35
School Based			35
School Social Worker	•		36
Self Esteem			36
Self Injury	•		36
Self Mutilation	•		36, 37
Self Harm			37
Sexual Abuse Specialist			37
Short Term Crisis Intervention: Parent/Child Con	flict		37
Social Anxiety Teen Group			37
Social Skills Program			37
Specialize in Repairing Fractured Relationships			38
Spirituality	•		38
Stress and Grief			38
Stress Management			38
Substance Abuse / Substance Abuse Disorders			38, 39, 40
Substance Abuse and Mental Health Counseling for	or Teen	Girls	41
Substance Abuse Group for Teen Girls			41
Substance Abuse for Teen Boys			41
Substance Abuse for Teens	•		41
Support for Grandparents Raising Grandchildren			41
Support Group/Socially Vulnerable Children	•		41

EMERGENCY CONTACT INFORMATION Page 23-24

TABLE OF CONTENTS

Teen Boys Group			41
Teen Girls Group			41
Teen Girls with Depression		•	41
Teen Girls with Substance Abuse			42
Teen Marijuana Cessation Group			42
Teen Pregnancy Doula Services			42
Therapeutic Social Skills Individuals with Asperger	r's		42
Toddlers			42
Trauma			42
Transitional Employment and Mentoring Services			42
Trauma/ Trauma Therapy/Trauma Abuse			42, 43, 44
Trauma Focused CBT Therapy			44
Trauma Specialist			44
Trauma EMDR			44
Truancy	•	•	44
Working with Family Systems	•	•	44
Yoga & Meditation	·	·	44
Young Adults	·	·	44
Youth Anger Management			44

EMERGENCY CONTACT INFORMATION Page 23-24

Acting Out Adolescents

Juvenile Family Crisis Intervention Bergen County Division of Family Guidance 1 Bergen County Plaza, 2nd floor Hackensack 07601 Bergen 201-336-7350

English

No Fee for Service Individual, Family Ages 11-14 14-18 18-21

Addictions

Rita Reseska LCSW, LCADC, DVS Lakeside Counseling Center 136-2 Broadway Woodcliff Lake 07677 Bergen 201-391-4492

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

ADHD

Dave Glaser, LCSW 9 Post Rd. Suite M1 Oakland 07436 Bergen 201-337-9165 dark44star@yahoo.com

ADHD

Maria Cosentino MA, LCSW
Bergen Alliance Counseling Services
85 Hopper Avenue Suite 6
Waldwick 7463 Bergen
201-445-7448
mcosentino@bergenalliancecounseling.com
English, Italian

English

Insurances Accepted, Medicare Individual, Family, Couples Ages 6-10 11-14 14-18 18-21 Insurance Accepted, Offer Sliding Scale Fees, Provide Limited Probono Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

ADHD

Maria Cosentino MA, LCSW
Bergen Alliance Counseling Services
21 Maitland Place
Garfield 7026 Bergen
973-955-8137
mcosentino@bergenalliancecounseling.com

ADHD

Child & Adolescent Outpatient Bergen Region Medical Center 230 East Ridgewood Avenue Paramus 07652 Bergen 800-730-2762

English, Italian

Insurance Accepted, Offer Sliding Scale Fees, Provide Limited Probono Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

English

Individual, Group, Family Ages 5 to 18

ADHD

Frank Sileo J. Ph.D The Center for Psychological Enhancement, LLC 201 E. Ridgewood Avenue, #3 Ridgewood 07450 Bergen 201-447-0705 drfranksileo@yahoo.com

ADHD Social Skills Groups

Alan Koenig West Bergen Center for Children and Youth 1 Cherry Lane Ramsey 07430 Bergen 201-444-3500

English

Insurances Not Accepted, Offer Sliding Scale Fees, Limited Probono Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

English

Offer Sliding Scale Fees Group youth Ages 6-10 11-14 14-18 18-21

Adolescents and College Aged Clients

Alicia L. Poleshuk, Ph.D., LCSW 101 Cedar Lane, Suite 304 Teaneck 07666 Bergen 201-663-1257 drpoleshuk@aol.com

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 11-14 14-18 18-21

Adolescent Boys and Girls Group

Vantage Health Systems, Inc. 2 Park Avenue Dumont 07628 Bergen 201-567-0059

English, Spanish, Korean

Accept Insurance, Medicare, Medicaid, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Adolescent and College Aged Clients

Ellson Nancy RN, MSN, APN Wellness Works Health-Related Counseling 142 Munn Avenue Teaneck 07666 Bergen 201-692-1774 ellson@holyname.org

English, Spanish

Offer Sliding Scale Fees, Limited Probono Individual, Family Ages 14-18 18-21

Adolescents

Nancy B. Graham LCSW Nancy B. Graham 214 Engle St. Suite 23 Englewood 07631 Bergen 201-615-1475 nbglcsw@verizon.net

English

Insurance not Accepted, Offer Sliding Scale Fees Individual
Ages 6-10 11-14 14-18 18-21

Adolescent

Cindy Miller LCSW 65 North Maple St. Suite 202 Ridgewood 07450 Bergen 201-655-5319 cmillermsw@yahoo.com

English

Insurance not Accepted, Offer Sliding Scale Fees Individual Group Family Couples Ages 0-5 6-10 11-14 14-18 18-21

Adolescent Boys and Girls Group

Vantage Health Systems, Inc. 93 W. Palisades Avenue Englewood 07631 Bergen 201-567-0059

English, Spanish, Korean

Accept Insurance, Medicare, Medicaid, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Adolescent Residential

Comprehensive Behavioral HealthCare, Inc. 516 Valley Brook Avenue Lyndhurst 07071 Bergen 201-935-3322 lamerman@cbhcare.com

English

Individual, Group, Family Ages 12 to 17

Adolescents and their Families

Michael D'Arcangelo, MSW, LCSW, LCADC, ICADC 33-11 Broadway, Suite 205 Fairlawn 07410 Bergen 201-475-8231 darcangelo@optonline.net

English

Insurances Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 6-10 11-14 14-18 18-21

Adoption Support

West Bergen Mental Healthcare, Inc. 1 Cherry Lane Ramsey 07430 Bergen 201-444-3500

English

Offer Sliding Scale Fees Group Ages 11-14

Adoption Support for Preteens

Christie Sutera Children's Aid and Family Services 148 Prospect Street Ridgewood 07451 Bergen 201-445-7015 Ext. 22

English

No Fee for Service Group for Adopted Youth Ages 9-12

Adoption

Nancy Borders LCSW 36 Franklin Turnpike. Waldwick 07463 Bergen 201-251-4242 nborders@optonline.net

English

Insurance not Accepted, Offer Sliding Scale Fees, Limited Probono Individual Group Families Ages 6-10 11-14 14-18 18-21

Adult Psychotherapy

Cindy Miller LCSW 65 North Maple St. Suite 202 Ridgewood 07450 Bergen 201-655-5319 cmillermsw@yahoo.com

English

Insurance not Accepted, Offer Sliding Scale Fees Individual Group Family Couples Ages 0-5 6-10 11-14 14-18 18-21

After School Partial Care Program

Comprehensive Behavioral HealthCare, Inc. 516 Valley Brook Avenue Lyndhurst 07071 Bergen 201-935-3322 lamerman@cbhcare.com

English

Individual, Group, Family Ages 12 to 17

Anger Management Program

Laura Del Tufo LMFT, LPC
Fair Lawn Mental Health Center
17-07 Romaine Street
Fair Lawn 07410 Bergen
201-797-2660 Ext. 10
laural@careplusnj.org
English
Offer Sliding Scale Fees
Group for Adolescents

Anger Management Program

West Bergen Mental Healthcare, Inc. 1 Cherry Lane Ramsey 07430 Bergen 201-444-3500

English

Offer Sliding Scale Fees Group Ages 0-5 6-10 11-14 14-18 18-21

Anger Management Program

Child & Adolescent Outpatient Bergen Region Medical Center 230 East Ridgewood Avenue Paramus 07652 Bergen 800-730-2762

English

Ages 12-17

Individual, Group, Family Ages 5 to 18

Anxiety

Child & Adolescent Outpatient Bergen Region Medical Center 230 East Ridgewood Avenue Paramus 07652 Bergen 800-730-2762

English

Individual, Group, Family Ages 5 to 18

Anxiety

Elisabeth Curshen LCSW 75 N. Maple Avenue Ridgewood 07450 Bergen 201-248-7704 ecurshen@verizon.net

English, German, French

Insurance Accepted, Offer Sliding Scale Fees Individual Group Family Couples Ages 11-14 14-18 18-21

Anxiety

Alicia L. Poleshuk Ph.D, LCSW 101 Cedar Lane, Suite 304 Teaneck 07666 Bergen 201-663-1257 drpoleshuk@aol.com

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Family, Couples

Anxiety

Nancy Borders LCSW 36 Franklin Turnpike Waldwick 07463 Bergen 201-251-4242 nborders@optonline.net

English

Insurance not Accepted, Offer Sliding Scale Fees, Limited Probono Individual Group Families Ages 6-10 11-14 14-18 18-21

Anxiety

Pamela Pater Ennis LCSW Hudson River Care & Counseling Center, LLC 61 Grand Ave. 3rd Floor Englewood 07621 Bergen 201-962-6443 Hudsonrivercareandcounseling@yahoo.com

English

Insurance Accepted Medicare Individual Group Family Couples Ages 6-10 11-14 14-18 18-21

Anxiety

Maria Cosentino MA, LCSW
Bergen Alliance Counseling Services
21 Maitland Place
Garfield Bergen
973-955-8137
mcosentino@bergenalliancecounseling.com

English, Italian

Insurance Accepted, Offer Sliding Scale Fees, Provide Limited Probono Individual, Family Ages 0-5 6-10 11-14 14-18 18-21

Anxiety

Jessica Shea LCSW Individualized Treatment Concepts, LLC 192 3Rd. Avenue Westwood 07657 Bergen 908-399-7325 jessicaleighshea@yahoo.com

English

Offer Sliding Scale Fees, Limited Probono Ages 0-5 6-10 11-14 14-18 18-21

Anxiety

Bart Mongiello Christian Health Care Center 301 Sicomac Avenue Wycoff 07481 Bergen 201-848-5220 bmongiello@chccnj.org

English

Insurance Accepted, Medicare Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Anxiety

Efrat Shaked LCSW

Tenafly Psychiatric Associates, LLC

111 Dean Drive

Tenafly 07670 Bergen

201-568-8288

efratshaked@aol.com

English, Hebrew

Insurance not Accepted, Offer Sliding Scale Fees

Individual, Group, Family, Couples

Ages 11-14 14-18 18-21

Anxiety

Frances Levine LCSW, BCD-P 101 Cedar Lane, Suite 304

Teaneck 07666 Bergen

201-837-5259

proffran@aol.com

English

Anxiety

Medicare, Offer Sliding Scale, Limited Probono

Individual, Group, Family, Couples

Ages 0-5 6-10 11-14 14-18 18-21

Anxiety

Anxiety

Michele Greene Weisman Ph.D LCSW

Ages 0-5 6-10 11-14 14-18 18-21

Michele Greene Weisman

Maria Cosentino MA, LCSW

85 Hopper Avenue Suite 6

Provide Limited Probono

Waldwick 7463 Bergen

201-445-7448

English, Italian

Individual, Family

Bergen Alliance Counseling Services

mcosentino@bergenalliancecounseling.com

Insurance Accepted, Offer Sliding Scale Fees,

58 Gentry Drive

Englewood 07631 Bergen

201-871-8572

mweisman@nj.rr.com

English

Insurance not Accepted, Offer Sliding Scale Fees

Individual, Family, Couples

Ages 14-18 18-21

Anxiety

Jacqueline Kim Szabo LCSW

271 Fort Lee Road

Leonia 07605 Bergen

201-983-9275

jackiszabo@gmail.com

English, Korean

Insurance Accepted, Offer Sliding Scale Fees, Provide Limited

Probono

Individual, Families, Couples

Ages 0-5 6-10 11-14 14-18 18-21

Anxiety Disorders

Tamini Farah Wingerath LCSW

Awakenings

222 Kinderkamack Rd

Oradell 07649 Bergen

201-262-6704

taminimsw@gmail.com

English

Insurance Not Accepted

Individual, Family, Couples

Ages 11-14 14-18 18-21

Anxiety Disorders

Frank J. Sileo Ph.D

The Center for Psychological Enhancement, LLC

201 E. Ridgewood Avenue, #3

Ridgewood 07450 Bergen

201-447-0705

drfranksileo@yahoo.com

English

Insurances Not Accepted, Offer Sliding Scale Fees,

Limited Probono

Individual, Family, Couples

Ages 0-5 6-10 11-14 14-18 18-21

Anxiety Disorders

Tracey J. Huff, LCSW

45 North Broad Street, Suite 505

Ridgewood 07450 Bergen

201-805-1517

thcolts@aol.com

English, Spanish

Insurances Not Accepted, Offer Sliding Scale Fees

Individual, Group, Family, Couples

Ages 0-5 6-10 11-14 14-18 18-21

Anxiety Disorders

Lisa D'Acierno LCSW

Bergen Psychotherapy & Community Outreach

901 Teaneck Road

Teaneck 07666 Bergen

201-357-2715

lisadaciernolcsw@yahoo.com

English, Spanish

Medicare, Offer Sliding Scale Fees, Limited Probono

Individual Group Family Couples

Ages 0-5 6-10 11-14 14-18 18-21

English, Italian Tri Care Only Mo

901 Teaneck Rd.

201-833-8838

Anxiety Disorders

Alida De Russi LCSW

Teaneck 07666 Bergen

aad46@columbia.edu

Tri Care Only, Medicare, Offer Sliding Scale Fees

Bergen Psychotherapy Community Outreach

Individual, Group, Family

Ages 0-5 6-10 11-14 14-18 18-21

Art Therapist-Board Certified

Alison Prince Hammonds, LCSW, BCD, LPC, ATR-BC

375 Sylvan Avenue Suite 40

Englewood Cliffs 07632 Bergen

201-541-4148

alihammonds@verizon.net

English

Insurance Accepted, Medicare, Offer Sliding Scale

Individual, Group, Family, Couples

Ages 4-5 6-10 11-14 14-18 18-21

Art Therapist-Board Certified

Erika Leeuwenburgh LPC, ATR-BC, CCLS

Center 36 Creative Arts Network

36 Franklin Turnpike

Waldwick 07463 Bergen

201-251-4242

Erikaelee@yahoo.com

English

Insurance Not Accepted, Offer Sliding Scale

Individual, Group

Ages 0-5 6-10 11-14 14-18 18-21

Asperger's

Frank J. Sileo Ph.D

The Center for Psychological Enhancement, LLC

201 E. Ridgewood Avenue, #3

Ridgewood 07450 Bergen

201-447-0705

drfranksileo@yahoo.com

English

Insurances Not Accepted, Offer Sliding Scale Fees,

Limited Probono

Individual, Family, Couples

Ages 0-5 6-10 11-14 14-18 18-21

Asperger's Related Services

West Bergen Mental Healthcare, Inc.

1 Cherry Lane

Ramsey 07430 Bergen

201-444-3500

English

Offer Sliding Scale Fees

Group

Ages 0-5 6-10 11-14 14-18 18-21

Autism Spectrum Disorder

Lisa D'Acierno LCSW

Bergen Psychotherapy & Community Outreach

901 Teaneck Road

Teaneck 07666 Bergen

201-357-2715

lisadaciernolcsw@yahoo.com

English, Spanish

Medicare, Offer Sliding Scale Fees, Limited Probono

Individual Group Family Couples

Ages 0-5 6-10 11-14 14-18 18-21

Autism Spectrum Disorder

Alida De Russi LCSW

Bergen Psychotherapy Community Outreach

901 Teaneck Rd.

Teaneck 07666 Bergen

201-833-8838

aad46@columbia.edu

English, Italian

Tri Care Only, Medicare, Offer Sliding Scale Fees

Individual, Group, Family

Ages 0-5 6-10 11-14 14-18 18-21

Behavioral and Academic Related Issues

Jacqueline Kim Szabo, LCSW 271 Fort Lee Road Leonia 07605 Bergen 201- 983-9275 jackiszabo@gmail.com

English, Korean

Insurance Accepted, Offer Sliding Scale Fees, Provide Limited Probono Individual, Families, Couples Ages 0-5 6-10 11-14 14-18 18-21

Bereavement

Rita Reseska LCSW, LCADC, DVS Lakeside Counseling Center 136-2 Broadway Woodcliff Lake 07677 Bergen 201-391-4492

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Bereavement

Elisabeth Curshen LCSW Elisabeth Curshen 75 N. Maple Avenue Ridgewood 07450 Bergen 201-248-7704 ecurshen@verizon.net

English, German, French

Insurance Accepted, Offer Sliding Scale Fees Individual Group Family Couples Ages 11-14 14-18 18-21

Bereavement and Loss

The Clinic of New Jersey Institute 121 Cedar lane, Suite 3A Teaneck 07666 Bergen 201-836-1065 njinstitut@aol.com

English, Spanish, Korean, German, Arabic, Creole, Hebrew

Low fees, Insurance Accepted, Medicare, Offer Sliding Scale Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Bi lingual Spanish/English Support Group

Tatiana
Family Support Organization of Bergen County
0-108 29th Street
Fair Lawn 07410 Bergen
201-796-6209 Ext 110

Bi-Polar Disorder

Child & Adolescent Outpatient Bergen Region Medical Center 230 East Ridgewood Avenue Paramus 07652 Bergen 800-730-2762

English, Spanish

No Fee for Service Group, Families Ages 0-5 6-10 11-14 14-18 18-21

English

Individual, Group, Family Ages 5 to 18

Body Image Issues

Nancy B. Graham LCSW 214 Engle St. Suite 23 Englewood 07631 Bergen 201-615-1475 nbglcsw@verizon.net

Boundary Building & Limit Setting

Rita Reseska LCSW, LCADC, DVS Lakeside Counseling Center 136-2 Broadway Woodcliff Lake 07677 Bergen 201-391-4492

English

Insurance not Accepted, Offer Sliding Scale Fees Individual
Ages 6-10 11-14 14-18 18-21

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Bullying

Frank J. Sileo Ph.D

The Center for Psychological Enhancement, LLC

201 E. Ridgewood Avenue, #3

Ridgewood 07450 Bergen

201-447-0705

drfranksileo@yahoo.com

English

Insurances Not Accepted, Offer Sliding Scale Fees,

Limited Probono Sessions

Individual, Family, Couples

Ages 0-5 6-10 11-14 14-18 18-21

121 Cedar lane, Suite 3A

The Clinic of New Jersey Institute

Teaneck 07666 Bergen

201-836-1065

Bullying

njinstitut@aol.com

English, Spanish, Korean, German,

Arabic, Creole, Hebrew

Low fees, Insurance Accepted, Medicare,

Offer Sliding Scale Fees

Individual, Family, Group

Ages 0-5 6-10 11-14 14-18 18-21

Bullying

West Bergen Mental Healthcare, Inc.

1 Cherry Lane

Ramsey 07430 Bergen

201-444-3500

English

Offer Sliding Scale Fees

Group, School Aged Children

Ages 6-10 11-14 14-18 18-21

Bullying

Child & Adolescent Outpatient

Bergen Region Medical Center

230 East Ridgewood Avenue

Paramus 07652 Bergen

800-730-2762

English

Individual, Group, Family

Ages 5 to 18

Career Exploration and Development

Pari Sharif

Division of Family Guidance

1 Bergen County Plaza, 2nd floor

Hackensack 07602 Bergen

201-336-6926

psharif@co.bergen.nj.us

English

No Fee for Service

Individual Youth Seeking Employment

Ages 16-22

Certified Therapist EMDR

Lynn J. Saltiel LCSW

Psychotherapy & Consultation

83 Wayne Street, #204

Jersey City 07302 Hudson

201-725-6482

ilynnlcsw@gmail.com

English

Insurances Accepted, Offer Sliding Scale Fees

Individual, Group, Family, Couples

Ages 6-10 11-14 18-21

Child

Cindy Miller LCSW

65 North Maple St. Suite 202

Ridgewood 07450 Bergen

201-655-5319

cmillermsw@vahoo.com

English

Insurance not Accepted, Offer Sliding Scale Fees

Individual Group Family Couples

Ages 0-5 6-10 11-14 14-18 18-21

Child & Adolescent Psychiatry-**Medication Management**

West Bergen Mental Healthcare, Inc.

1 Cherry Lane

Ramsey 07430 Bergen

201-444-3500

English

Offer Sliding Scale Fees

Group, School Aged Children

Ages 6-10 11-14 14-18 18-21

Child & Adolescent Psychiatry

Raluca Radulescu, MD 140 Rt. 17 North, Suite 206 Paramus 07628 Bergen 201-445-1990 ralunj@yahoo.com

English, French, Romanian

Insurances Not Accepted, Offer Sliding Scale Fees Individual, Group Ages 0-5 6-10 11-14 14-18 18-21

Children and their Families

Michael D'Arcangelo, MSW, LCSW, LCADC, ICADC 33-11 Broadway, Suite 205 Fairlawn 07410 Bergen 201-475-8231 darcangelo@optonline.net

English

Insurances Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 6-10 11-14 14-18 18-21

Children of Divorce

Alison Prince Hammonds, LCSW, BCD, LPC, ATR-BC 375 Sylvan Avenue Suite 40 Englewood Cliffs 07632 Bergen 201-541-4148 alihammonds@verizon.net

English

Insurance Accepted, Medicare, Offer Sliding Scale Individual, Group, Family, Couples Ages 4-5 6-10 11-14 1 8-21

Cognitive Behavioral Therapy

D'Acierno Lisa LCSW Bergen Psychotherapy & Community Outreach 901 Teaneck Road Teaneck 07666 Bergen 201-357-2715 lisadaciernolcsw@yahoo.com

English, Spanish

Medicare, Offer Sliding Scale Fees, Limited Probono Sessions Individual Group Family Couples Ages 0-5 6-10 11-14 14-18 18-21

Child Life Specialist- Board Certified

Erika Leeuwenburgh LPC, ATR-BC, CCLS Center 36 Creative Arts Network 36 Franklin Turnpike Waldwick 07463 Bergen 201-251-4242 Erikaelee@yahoo.com

English

Insurance Not Accepted, Offer Sliding Scale Individual, Group Ages 0-5 6-10 11-14 14-18 18-21

Children and their Families

Ina Rubin, LCSW 265 Cedar Lane, 2nd. Floor Teaneck 07666 Bergen 201-666-4478

English

Insurances Accepted Individual, Group Ages 0-5 6-10 11-14 14-18 18-21

Cognitive Behavioral Therapy

Vantage Health Systems, Inc. 93 West Palisade Ave. Englewood 07631 Bergen 201-567-0059 vsidrow@vantagenj.org English, Spanish, Korean

Accept Insurance, Medicare, Medicaid, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Cognitive Difficulties

Bart Mongiello Christian Health Care Center 301 Sicomac Avenue Wycoff 07481 Bergen 201-848-5220 bmongiello@chccnj.org

English

Insurance Accepted, Medicare Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Communication Enhancement

Rita Reseska LCSW, LCADC, DVS Lakeside Counseling Center 136-2 Broadway Woodcliff Lake 07677 Bergen 201-391-4492

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Co-Occurring Disorders

Nancy Ellson RN, MSN, APN Wellness Works Health-Related Counseling 142 Munn Avenue Teaneck 07666 Bergen 201-692-1774 ellson@holyname.org

English, Spanish

Offer Sliding Scale Fees, Limited Probono Sessions Individual, Family Ages 14-18 18-21

Co-Parenting

Elisabeth Curshen LCSW 75 N. Maple Avenue Ridgewood 07450 Bergen 201-248-7704 ecurshen@verizon.net

English, German, French

Insurance Accepted, Offer Sliding Scale Fees Individual Group Family Couples Ages 11-14 14-18 18-21

Coping with Chronic Illness

Frank J. Sileo Ph.D The Center for Psychological Enhancement, LLC 201 E. Ridgewood Avenue, #3 Ridgewood 07450 Bergen 201-447-0705 drfranksileo@yahoo.com

English

Insurances Not Accepted, Offer Sliding Scale Fees, Limited Probono Sessions Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Counseling

Renata Jachna LPC, LCADC Clifton Counseling Services 60 Hadley Avenue Clifton 07011 Passaic 973-986-3047 jarenia@msn.com

English, Polish

Insurance not Accepted, Offer Sliding Scale Fees Individual Group Family Couples Ages 6-10 11-14 14-18 18-21

Couples Counseling

Jay P. Granat Ph.D Skyline Consultation Group 1060 Main Street, Suite 307 River Edge 07661 Bergen 201-342-3663 info@stayinthezone.com English, Spanish, Hebrew

Insurances Accepted Individual, Group, Family, Couples Ages 11-14 14-18 18-21

Couples Therapy

Lynn J. Saltiel LCSW Psychotherapy & Consultation 83 Wayne Street, #204 Jersey City 07302 Hudson 201-725-6482 ilynnlcsw@gmail.com

English

Insurances Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 18-21

Critical Incident

Robyn Schwartz, LCSW 297 Kinderkamack Road, Suite 212 Oradell 07649 Bergen 201-967-1346 rschwartzlcsw@aol.com

English

Insurance Accepted, Offer Sliding Scale Fees, Limited Probono Individual Group Family Couples Ages 0-5 6-10 11-14 14-18 18-21

Dealing with Grief

Brigid Caffrey Ridgewood YMCA 112 Oak Street Ridgewood 07450 Bergen 201-444-5600

English

No Fee for Service Group Parents and Children Ages 0-5 6-10 11-14 14-18 18-21

Death and Dying Issues/Grief and Loss

Vincent Dopulos LPC Counseling Loss, LLC 105 Grove Street, Suite 12 Montclair 07042 Essex 973-509-8373 vincent@counselingloss.com

English

Insurance Not Accepted, Offer Sliding Scale, Limited Probono Individual, Group

Ages 0-5 6-10 11-14 14-18 18-21

Defiant Behaviors

Efrat Shaked LCSW Tenafly Psychiatric Associates, LLC 111 Dean Drive Tenafly 07670 Bergen 201-568-8288 efratshaked@aol.com

English, Hebrew

Insurance not Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 11-14 14-18 18-21

Depression

Michele Greene Weisman Ph.D LCSW 58 Gentry Drive Englewood 07631 Bergen 201-871-8572 mweisman@nj.rr.com

English

Insurance not Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 14-18 18-21

Depression

Bart Mongiello Christian Health Care Center 301 Sicomac Avenue Wycoff 07481 Bergen 201-848-5220 bmongiello@chccnj.org

English

Insurance Accepted, Medicare Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Depression

Pamela Pater Ennis LCSW Hudson River Care & Counseling Center, LLC 330 Grand St. Suite 100 Hoboken 07030 Hudson 201-962-6443 Hudsonrivercareandcounseling@yahoo.com

Insurance Accepted Medicare Individual Group Family Couples Ages 6-10 11-14 14-18 18-21

Depression

Frances Levine, LCSW, BCD-P 101 Cedar Lane, Suite 304 Teaneck 07666 Bergen 201-837-5259 proffran@aol.com

English

Medicare, Offer Sliding Scale, Limited Probono Sessions Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Depression

Jacqueline Kim Szabo, LCSW 271 Fort Lee Road Leonia 07605 Bergen 201-983-9275 jackiszabo@gmail.com

English, Korean

Insurance Accepted, Offer Sliding Scale Fees, Provide Limited Probono Individual, Families, Couples

Ages 0-5 6-10 11-14 14-18 18-21

Depression

Ellen Gamza LCSW Partners in Counseling 103 Park Street Bldg B Montclair 07042 Essex 973-202-0362 egamza@verizon.net

English

Insurance Accepted, Offer Sliding Scale Fees Individual Group Family Couples Ages 11-14 14-18 18-21

Depression

Pamela Pater Ennis LCSW Hudson River Care & Counseling Center, LLC 61 Grand Ave. 3rd Floor Englewood 07621 Bergen 201-962-6443 Hudsonrivercareandcounseling@yahoo.com

English

Insurance Accepted, Medicare Individual Group Family Couple Ages 6-10 11-14 14-18 18-21

Depression

Elisabeth Curshen LCSW 75 N. Maple Avenue Ridgewood 07450 Bergen 201-248-7704 ecurshen@verizon.net

English, German, French

Insurance Accepted, Offer Sliding Scale Fees Individual Group Family Couples Ages 11-14 14-18 18-21

Depression

Frank J. Sileo Ph.D The Center for Psychological Enhancement, LLC 201 E. Ridgewood Avenue, #3 Ridgewood 07450 Bergen 201-447-0705 drfranksileo@yahoo.com

English

Insurances Not Accepted, Offer Sliding Scale Fees, Limited Probono Sessions Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Depression

Child & Adolescent Outpatient Bergen Region Medical Center 230 East Ridgewood Avenue Paramus 07652 Bergen 800-730-2762

English

Individual, Group, Family Ages 5 to 18

Depression

Jessica Shea LCSW Individualized Treatment Concepts, LLC 192 3Rd. Avenue Westwood 07657 Bergen 908-399-7325 jessicaleighshea@yahoo.com

English

Offer Sliding Scale Fees, Limited Probono Ages 0-5 6-10 11-14 14-18 18-21

Depression

Efrat Shaked LCSW Tenafly Psychiatric Associates, LLC 111 Dean Drive Tenafly 07670 Bergen 201-568-8288 efratshaked@aol.com English, Hebrew

Insurance not Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 11-14 14-18 18-21

Doula: Support for Pregnant Teens

Jacquelyn Carlos Moving on Life Center, Inc. 154 West Englewood Avenue Teaneck 07666 Bergen 201-837-8590 Molchealth@yahoo.com

English

Insurances Accepted Ages 11-14 14-18 18-21

Depression

Alicia L. Poleshuk, Ph.D., LCSW 101 Cedar Lane, Suite 304 Teaneck 07666 Bergen 201-663-1257 drpoleshuk@aol.com

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 11-14 14-18 18-21

Diagnosis of Fetal Alcohol Syndrome

Susan Adubato Ph.D Northern NJ FAS Diagnostic Center 30 Bergen Street ADMN 1608 Newark 07107 Essex 973-972-7717 adubatsu@umdnj.edu

English

Insurance Accepted, Medicare, Offer Sliding Scale Fees Ages 0-5 6-10 11-14 14-18 18-21

Dialectical Behavior Therapy

Ellen Gamza LCSW Partners in Counseling 103 Park Street Bldg B Montclair 07042 Essex 973-202-0362 egamza@verizon.net

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 11-14 14-18 18-21

Disruptive Disorders

Jessica Shea LCSW Individualized Treatment Concepts, LLC 192 3Rd. Avenue Westwood 07657 Bergen 908-399-7325 jessicaleighshea@yahoo.com

English

Offer Sliding Scale Fees, Limited Probono Individual, Family Ages 0-5 6-10 11-14 14-18 18-21

Divorce

Nancy Borders LCSW 36 Franklin Turnpike Waldwick 07463 Bergen 201-251-4242 nborders@optonline.net

English

Insurance not Accepted, Offer Sliding Scale Fees, Limited Probono Individual Group Families Ages 6-10 11-14 14-18 18-21

Divorce

Frank Sileo J. Ph.D The Center for Psychological Enhancement, LLC 201 E. Ridgewood Avenue, #3 Ridgewood 07450 Bergen 201-447-0705 drfranksileo@yahoo.com **English**

Insurances Not Accepted, Offer Sliding Scale Fees, Limited Probono Sessions Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Divorce

Dave Glaser, LCSW 9 Post Rd. Suite M1 Oakland 07436 Bergen 201-337-9165 dark44star@yahoo.com

English

Insurances Accepted, Medicare Individual, Family, Couples Ages 6-10 11-14 14-18 18-21

Divorce

Curshen Elisabeth LCSW 75 N. Maple Avenue Ridgewood 07450 Bergen 201-248-7704 ecurshen@verizon.net

English, German, French

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 11-14 14-18 18-21

Divorce Groups for Children

West Bergen Mental Healthcare, Inc. 1 Cherry Lane Ramsey 07430 Bergen 201-444-3500

English

Offer Sliding Scale Fees Group, School Aged Children Ages 6-10 11-14 14-18 18-21

Divorce Issues

Alicia L. Poleshuk, Ph.D., LCSW 101 Cedar Lane, Suite 304 Teaneck 07666 Bergen 201-663-1257 drpoleshuk@aol.com

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 11-14 14-18 18-21

Divorcing Families

Ellson Nancy RN, MSN, APN Wellness Works Health-Related Counseling 142 Munn Avenue Teaneck 07666 Bergen 201-692-1774 ellson@holyname.org English, Spanish

Offer Sliding Scale Fees, Limited Probono Sessions Individual, Family Ages 14-18 18-21

Domestic Violence

Rita Reseska LCSW, LCADC, DVS Lakeside Counseling Center 136-2 Broadway Woodcliff Lake 07677 Bergen 201-391-4492

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Domestic Violence

The Clinic of New Jersey Institute 121 Cedar lane, Suite 3A Teaneck 07666 Bergen 201-836-1065 niinstitut@aol.com

English, Spanish, Korean, German, Arabic, Creole, Hebrew

Low fees, Insurance Accepted, Medicare, Offer Sliding Scale Fees Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Early Intervention: Substance Use Disorders

High Focus 40 Eisenhower Drive Paramus 07652 Bergen 201-291-0055

English

Insurance Accepted Individual, Group, Family Ages 11-14 14-18 18-21

Eating Disorder

Tamini Farah Wingerath LCSW Awakenings 222 Kinderkamack Rd Oradell 07649 Bergen 201-262-6704 taminimsw@gmail.com

English

Insurance Not Accepted Individual, Family, Couples Ages 11-14 14-18 18-21

Eating Disorder Treatment for Males

Nancy B. Graham, LCSW 214 Engle Street, Suite 23 Englewood 07631 Bergen 201-615-1475 nbglcsw@verizon.net

English

Insurance not Accepted Offer Sliding Scale Individual Ages 6-10 11-14 18-21

Eating Disorders

Tracey J. Huff, LCSW 45 North Broad Street, Suite 505 Ridgewood 07450 Bergen 201-805-1517 thcolts@aol.com

English, Spanish

Insurances Not Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Eating Disorders

Howard Cutler, LCSW 121 Cedar lane, Suite 3A Teaneck 07666 Bergen 201-207-1534 hcraigc@verizon.net

English

Insurance Accepted Individual, Group, Family, Couples Ages 14-18 18-21

Eating Disorders

Pamela Pater Ennis LCSW Hudson River Care & Counseling Center, LLC 61 Grand Ave. 3rd Floor Englewood 07621 Bergen 201-962-6443 Hudsonrivercareandcounseling@yahoo.com

Insurance Accepted Medicare Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Eating Disorders

The Clinic of New Jersey Institute 121 Cedar lane, Suite 3A Teaneck 07666 Bergen 201-836-1065 njinstitut@aol.com

English, Spanish, Korean, German, Arabic, Creole, Hebrew

Low fees, Insurance Accepted, Medicare, Offer Sliding Scale Fees Individual, Family, Group Ages 0-5 6-10 11-14 14-18 18-21

Eating Disorders

Karin Schoenfeld, LCSW 65 North Maple Ave Suite 21 Ridgewood 07450 Bergen 551-655-2219 kjstherapy@gmail.com

English

English

Insurance Accepted Individual, Family Ages 6-10 11-14 14-18 18-21

Eating Disorders

Ellen Gamza LCSW Partners in Counseling 103 Park Street Bldg B Montclair 07042 Essex 973-202-0362 egamza@verizon.net

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 11-14 14-18 18-21

Eating Disorders Treatment for Females/Males

The Renfrew Center 174 Union Street Ridgewood 07450 Bergen 1-800-renfrew ngraham@renfrewcenter.com

English

Insurance Accepted Residential, Day Treatment, Intensive Outpatient Ages 14-18 18-21

Emotional or Behavioral Crisis for Adults

Psychiatric Emergency Screening Adults

Bergen County 800-262-4357

Crisis intervention for Adults 18+

Emotional or Behavioral Crisis for Children

Mobile Response and Stabilization Unit

Bergen County 1-877- 652-7624

Crisis Intervention for Children 0-5 6-10 11-14 14-18 18

Expectant and New Mothers Group

Trudy Heerema LCSW Valley Hospital 223 N. Van Dien Ave. Ridgewood 07451 Bergen 201-447-8539

English

Call for Fee Group Any Age

Expectant and New Mothers Group

Joanna Gorab RN, MSN, APN Holy Name Hospital 718 Teaneck Rd. Teaneck 07666 Bergen 201-833-3124

English

Call for Fee Group Ages 14-18 18-21

Family and Child Therapy

Susan Donnelly LCSW Ridgewood Psychotherapy Associates 115 Pine Street Ridgewood 07450 Bergen 201-214-8938 susandlcsw@gmail.com

English

Insurance Accepted, Medicare, Offer Sliding Scale Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Family Conflict Resolution

Rita Reseska LCSW, LCADC, DVS Lakeside Counseling Center 136-2 Broadway Woodcliff Lake 07677 Bergen 201-391-4492

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Family Crisis Intervention

Tracey J. Huff, LCSW 45 North Broad Street, Suite 505 Ridgewood 07450 Bergen 201-805-1517 thcolts@aol.com

English, Spanish

Insurances Not Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Family Education, Counseling & Workshops

Family in Touch 240 Grand Avenue #6 Leonia 07605 Bergen 201-242-4422

English, Korean

Call for Fee Group, Families Ages 0-5 6-10 11-14 14-18 18-21

Family Issues

Alicia L. Poleshuk, Ph.D., LCSW 101 Cedar Lane, Suite 304 Teaneck 07666 Bergen 201-663-1257 drpoleshuk@aol.com

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 11-14 14-18 18-21

Family Issues

Weisman Michele Greene Ph.D LCSW 58 Gentry Drive Englewood 07631 Bergen 201-871-8572 mweisman@nj.rr.com

English

Insurance not Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 14-18 18-21

Family Therapy

Dave Glaser, LCSW 9 Post Rd. Suite M1 Oakland 07436 Bergen 201-337-9165 dark44star@yahoo.com

English

Insurances Accepted, Medicare Individual, Family, Couples Ages 6-10 11-14 14-18 18-21

Family Therapy

Saltiel Lynn J. LCSW Psychotherapy & Consultation 83 Wayne Street, #204 Jersey City 07302 Hudson 201-725-6482 ilynnlcsw@gmail.com

English

Insurances Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 18-21

Family Therapy

Katz Sherry LCSW Old Stories New Views 4 Wilsey Square, Suite 2 Ridgewood 07450 Bergen 201-445-4770 sherrykatz@optonline.net

English

Insurances Not Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Family Therapy

Granat Jay P. Ph.D Skyline Consultation Group 1060 Main Street, Suite 307 River Edge 07661 Bergen 201-342-3663 info@stayinthezone.com English, Spanish, Hebrew

Insurances Accepted Individual, Group, Family, Couples Ages 11-14 14-18 18-21

Family Work

Gamza Ellen LCSW Partners in Counseling 103 Park Street Bldg B Montclair 07042 Essex 973-202-0362 egamza@verizon.net English

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 11-14 14-18 18-21

Gay & Lesbian Issues

Sileo Frank J. Ph.D The Center for Psychological Enhancement, LLC 201 E. Ridgewood Avenue, #3 Ridgewood 07450 Bergen 201-447-0705 drfranksileo@yahoo.com

English

Insurances Not Accepted, Offer Sliding Scale Fees, Limited Probono Sessions Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Gay & Lesbian Issues

The Clinic of New Jersey Institute 121 Cedar lane, Suite 3A Teaneck 07666 Bergen 201-836-1065 njinstitut@aol.com English, Spanish, Korean, German, Arabic, Creole, Hebrew

Low fees, Insurance Accepted, Medicare, Offer Sliding Scale Fees

Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Gay & Lesbian Issues

Howard Cutler, LCSW 121 Cedar lane, Suite 3A Teaneck 07666 Bergen 201-207-1534 hcraigc@verizon.net

English

Insurance Accepted Individual, Group, Family, Couples Ages 14-18 18-21

Gay & Lesbian Issues

Howard Cutler, LCSW 215 Ridgedale Avenue Florham Park 07932 Morris 201-207-1534 hcraigc@verizon.net

English

Insurance Accepted Individual, Group, Family, Couples Ages 14-18 18-21

GED Programs & Job Readiness & Computer Skills

Sharif Pari Division of Family Guidance 1 Bergen County Plaza, 2nd floor Hackensack 07602 Bergen 201-336-6926 psharif@co.bergen.nj.us

English

No Fee for Service Group Youth Ages 16-22

Grief

Sileo Frank J. Ph.D The Center for Psychological Enhancement, LLC 201 E. Ridgewood Avenue, #3 Ridgewood 07450 Bergen 201-447-0705 drfranksileo@yahoo.com

English

Insurances Not Accepted, Offer Sliding Scale Fees, Limited Probono Sessions Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Grief and Bereavement Therapy

Leeuwenburgh Erika LPC, ATR-BC, CCLS Center 36 Creative Arts Network 36 Franklin Turnpike Waldwick 07463 Bergen 201-251-4242 Erikaelee@yahoo.com

English

Insurance Not Accepted, Offer Sliding Scale Individual, Group Ages 0-5 6-10 11-14 14-18 18-21

Group Psychotherapy

De Russi Alida LCSW Bergen Psychotherapy Community Outreach 901 Teaneck Rd. Teaneck 07666 Bergen 201-833-8838 aad46@columbia.edu English, Italian

Tri Care Only, Medicare, Offer Sliding Scale Fees Individual, Group, Family Ages 0-5 6-10 11-14 14-18 18-21

Healing from Sexual Abuse

Jo Ponticello, LCSW 3 Ernst Avenue Bloomfield 07003 Essex 973-338-6744 jop@factnj.org

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 11-14 14-18 18-21

Helping Children Deal with Loss

Diane Sardanpoli LPC, LCADC Private Practice 121 Rea Avenue Hawthorne 07507 Bergen 201-873-6496

English

No Fee for Service Individual, Group, Parents, & Child Therapy Ages 0-5 6-10 11-14 14-18 18-21

Hypnosis

Granat Jay P. Ph.D Skyline Consultation Group 1060 Main Street, Suite 307 River Edge 07661 Bergen 201-342-3663 info@stavinthezone.com

English, Spanish, Hebrew

Insurances Accepted Individual, Group, Family, Couples Ages 11-14 14-18 18-21

Hypnotherapy

Farah Wingerath Tamini LCSW Awakenings 222 Kinderkamack Rd Oradell 07649 Bergen 201-262-6704 taminimsw@gmail.com **English**

Insurance Not Accepted Individual, Family, Couples Ages 11-14 14-18 18-21

Immigration

The Clinic of New Jersey Institute 121 Cedar lane, Suite 3A Teaneck 07666 Bergen 201-836-1065 njinstitut@aol.com

English, Spanish, Korean, German, Arabic, Creole, Hebrew

Low fees, Insurance Accepted, Medicare, Offer Sliding Scale Fees Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Infidelity

The Clinic of New Jersey Institute 121 Cedar lane, Suite 3A Teaneck 07666 Bergen 201-836-1065 njinstitut@aol.com

English, Spanish, Korean, German, Arabic, Creole, Hebrew

Low fees, Insurance Accepted, Medicare, Offer Sliding Scale Fees Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Inpatient Substance Use Disorders

Princeton House Behavioral Health Care 905 Herrontown Road Princeton 08540 Mercer 800-242-2550

English

Insurance Accepted Medicare Medicaid Group, Medication Management Ages 13-18

Intensive Outpatient Substance Use Disorders

High Focus 40 Eisenhower Drive Paramus 07652 Bergen 201-291-0055

English

Insurance Accepted Group Ages 11-14 14-18 18-21

Life Transitions

Curshen Elisabeth LCSW Elisabeth Curshen 75 N. Maple Avenue Ridgewood 07450 Bergen 201-248-7704 ecurshen@verizon.net English, German, French Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples

Ages 11-14 14-18 18-21

Loss and Grief

Huff Tracey J. LCSW Tracey J. Huff, LCSW 45 North Broad Street, Suite 505 Ridgewood 07450 Bergen 201-805-1517 thcolts@aol.com English, Spanish Insurances Not Accepted, Offer Sliding Scale Fees

Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Loss and Grief

Rita Reseska LCSW, LCADC, DVS Lakeside Counseling Center 136-2 Broadway Woodcliff Lake 07677 Bergen 201-391-4492

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Male Adolescent Residential Substance Abuse Program

Touchtone Hall Vantage Healthcare System; Touchtone Hall 35 D Rockleigh 07647 Bergen 201-784-6490

English, Spanish, Korean

Accept Insurance, Medicare, Medicaid, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Marijuana Cessation Group for Boys

Stephanie Blanchflower West Bergen Center for Children and Youth 120 Chestnut Street Ridgewood 07450 Bergen 201-444-3500

English

Call for Fee Group, Boys Experimenting Marijuana Ages 13-21

Mediation Specialist

Rita Reseska LCSW, LCADC, DVS Lakeside Counseling Center 136-2 Broadway Woodcliff Lake 07677 Bergen 201-391-4492

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Mediation Specialist

Diaz-Murphy Linda LCADC, LPC
Full Circle Mediation & Counseling Center
In-Home Counseling
Bergen County Bergen
201-320-9907
lindamurphy@verizon.net
English, Spanish
Offer Sliding Scale Fees, Limited Probono
Individual, Group, Family

Ages 0-5 6-10 11-14 14-18 18-21

Medication Management

Raluca Radulescu, MD 140 Rt. 17 North, Suite 206 Paramus 07628 Bergen 201-445-1990 ralunj@yahoo.com English, French, Romanian Insurances Not Accepted, Offer Slid

Insurances Not Accepted, Offer Sliding Scale Fees Individual, Group
Ages 0-5 6-10 11-14 14-18 18-21

Medication Management

Juvenile Family Crisis Intervention Bergen County Division of Family Guidance 1 Bergen County Plaza, 2nd floor Hackensack 07601 Bergen 201-336-7350 emorley@co.bergen.nj.us

English

No Fee for Service Individual Ages 13-21

Mental Health First Aid

Care Plus 610 Valley Health Plaza Paramus 07652 Bergen 201-262-8200 tarap@careplusnj.org

English, Sign Korean Portuguese

Greek French Polish Hebrew

Insurance Accepted Medicare Medicaid Offer Sliding Scale Fee Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Mood Disorders

Jacqueline Kim Szabo, LCSW 271 Fort Lee Road Leonia 07605 Bergen 201- 983-9275 jackiszabo@gmail.com

English, Korean

Insurance Accepted, Offer Sliding Scale Fees, Provide Limited Probono Individual, Families, Couples Ages 0-5 6-10 11-14 14-18 18-21

Mood Disorders

De Russi Alida LCSW Bergen Psychotherapy Community Outreach 901 Teaneck Rd. Teaneck 07666 Bergen 201-833-8838 aad46@columbia.edu

English, Italian

Tri Care Only, Medicare, Offer Sliding Scale Fees Individual, Group, Family Ages 0-5 6-10 11-14 14-18 18-21

Mood Disorders

The Clinic of New Jersey Institute 121 Cedar lane, Suite 3A Teaneck 07666 Bergen 201-836-1065 njinstitut@aol.com

English, Spanish, Korean, German, Arabic, Creole, Hebrew

Low fees, Insurance Accepted, Medicare, Offer Sliding Scale Fees Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Mood Disorders

Frances Levine, LCSW, BCD-P 101 Cedar Lane, Suite 304 Teaneck 07666 Bergen 201-837-5259 proffran@aol.com

English

Medicare, Offer Sliding Scale, Limited Probono Sessions Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Mothers and Children

Alleyne Alana Family Success Center of Englewood & Teaneck 44 Armory Street Englewood 07631 Bergen 201-568-0817 Ext. 13

Spanish

No Fee for Service Group, Mothers and Children Ages 0-5 6-10 11-14 14-18 18-21

New Mom's Group

Agrest Kimberly Women's Wellness Groups 547 Main Street Hackensack 07601 Bergen 201-784-6718

English

Saturdays Free; Thursday's Nominal Fee Group, Parents Support Ages Infancy

NJ Certified School Social Worker

Saltiel Lynn J. LCSW
Psychotherapy & Consultation
83 Wayne Street, #204
Jersey City 07302 Hudson
201-725-6482
jlynnlcsw@gmail.com

English

Insurances Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 18-21

Obsessive Compulsive Disorders

Individual, Group, Family, Couples

Ages 0-5 6-10 11-14 14-18 18-21

D'Acierno Lisa LCSW
Bergen Psychotherapy & Community Outreach
901 Teaneck Road
Teaneck 07666 Bergen
201-357-2715
lisadaciernolcsw@yahoo.com
English, Spanish
Medicare, Offer Sliding Scale Fees,
Limited Probono Sessions

Obsessive Compulsive Disorders

Frances Levine, LCSW, BCD-P 101 Cedar Lane, Suite 304 Teaneck 07666 Bergen 201-837-5259 proffran@aol.com

English

Medicare, Offer Sliding Scale, Limited Probono Sessions Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Obsessive Compulsive Disorders

Child & Adolescent Outpatient Bergen Region Medical Center 230 East Ridgewood Avenue Paramus 07652 Bergen 800-730-2762

English

Individual, Group, Family Ages 5 to 17

Pain

Sileo Frank J. Ph.D
The Center for Psychological Enhancement, LLC
201 E. Ridgewood Avenue, #3
Ridgewood 07450 Bergen
201-447-0705
drfranksileo@yahoo.com

English

Insurances Not Accepted, Offer Sliding Scale Fees, Limited Probono Sessions Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Panic Disorders

Sileo Frank J. Ph.D
The Center for Psychological Enhancement, LLC
201 E. Ridgewood Avenue, #3
Ridgewood 07450 Bergen
201-447-0705
drfranksileo@yahoo.com

English

Insurances Not Accepted, Offer Sliding Scale Fees, Limited Probono Sessions Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Obsessive Compulsive Disorders

Sileo Frank J. Ph.D
The Center for Psychological Enhancement, LLC
201 E. Ridgewood Avenue, #3
Ridgewood 07450 Bergen
201-447-0705
drfranksileo@yahoo.com

English

Insurances Not Accepted, Offer Sliding Scale Fees, Limited Probono Sessions Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Oppositional Defiant Disorder

Tracey J. Huff, LCSW 45 North Broad Street, Suite 505 Ridgewood 07450 Bergen 201-805-1517 thcolts@aol.com

English, Spanish

Insurances Not Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Panic Attacks

Farah Wingerath Tamini LCSW Awakenings 222 Kinderkamack Rd Oradell 07649 Bergen 201-262-6704 taminimsw@gmail.com

English

Insurance Not Accepted Individual, Family, Couples Ages 11-14 14-18 18-21

Parent Child Conflict

Elisabeth Curshen LCSW 75 N. Maple Avenue Ridgewood 07450 Bergen 201-248-7704 ecurshen@verizon.net

English, German, French

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples

Parent Education

Frances Levine, LCSW, BCD-P 101 Cedar Lane, Suite 304 Teaneck 07666 Bergen 201-837-5259 proffran@aol.com

English

Medicare, Offer Sliding Scale, Limited Probono Sessions Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Parenting

Dave Glaser, LCSW 9 Post Rd. Suite M1 Oakland 07436 Bergen 201-337-9165 dark44star@yahoo.com

English

Insurances Accepted, Medicare Individual, Family, Couples Ages 6-10 11-14 14-18 18-21

Parent Training

Sileo Frank J. Ph.D

The Center for Psychological Enhancement, LLC 201 E. Ridgewood Avenue, #3

Ridgewood 07450 Bergen

201-447-0705

drfranksileo@yahoo.com

English

Insurances Not Accepted, Offer Sliding Scale Fees, Limited Probono Sessions Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Parenting

Elisabeth Curshen LCSW 75 N. Maple Avenue Ridgewood 07450 Bergen 201-248-7704 ecurshen@verizon.net

English, German, French

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 11-14 14-18 18-21

Parenting & Life Transitions

Farah Wingerath Tamini LCSW Awakenings 222 Kinderkamack Rd Oradell 07649 Bergen 201-262-6704 taminimsw@gmail.com

English

Insurance Not Accepted Individual, Family, Couples Ages 11-14 14-18 18-21

Parenting Issues

Shaked Efrat LCSW Tenafly Psychiatric Associates, LLC 111 Dean Drive Tenafly 07670 Bergen 201-568-8288 efratshaked@aol.com

English, Hebrew

Insurance not Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 11-14 14-18 18-21

Parenting Issues

The Clinic of New Jersey Institute 121 Cedar lane, Suite 3A Teaneck 07666 Bergen 201-836-1065 njinstitut@aol.com

English

Low fees, Insurance Accepted, Medicare, Offer Sliding Scale Fees Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Parenting Specialist

Care Plus
610 Valley Health Plaza
Paramus 07652 Bergen
201-262-8200
tarap@careplusnj.org
English, Sign, Korean, Portuguese,
Greek, French, Polish, Hebrew
Insurance Accepted, Medicare, Medicaid,
Offer Sliding Scale Fee
Individual, Group, Family, Couples
Ages 0-5 6-10 11-14 14-18 18-21

Parents & Caregivers with Children 5-17

Lynn Bolson

Family Support Organization of Bergen County

0-108 29th Street

Fair Lawn 07410 Bergen

201-796-6209

lbolson@covad.net

English

No Fee for Service

Groups, Families

Ages 5-17

Parents Learn to Cope with Children's Reactions to Divorce

The Center for Alcohol and Drug Resources 241 Main St. Suite 600 Hackensack 07602 Bergen

Hackensack 0/602 Berge 201-488-8680 Ext. 101

English

No Fee for Service

Group Parents, Divorced or Separated

Ages 0-5 6-10 11-14 14-18 18-21

Parents of Children w/ADHD Conduct Disorder or Other

Barr Amy

West Bergen Center for Children and Youth

1 Cherry Lane

Ramsey 07430 Bergen

201-444-3500

English

No Fee for Service

Group Parents Support

Ages 0-5 6-10 11-14 14-18 18-21

Parents Support Group

Emerson Bible Church Recreation Room

162 Linwood Avenue

Emerson 07630 Bergen

2nd Thursday monthly

theparentprogram@live.com

English

No Fee for Service

Group Parents Support

Ages 0-5 6-10 11-14 14-18 18-21

Parents, Caregivers of Person with Addiction

Families Anonymous 'Geri'

Englewood Hospital & Medical Center

350 Engle Street

Englewood 07631 Bergen

201-585-8091

English

No Fee for Service

Group Parents Support

Ages 0-5 6-10 11-14 14-18 18-21

Parents, Caregivers of Person with Addiction

Families Anonymous

Trinity Lutheran Church

430 Knickerbocker Rd.

Tenafly 07670 Bergen

1-800-736-9805

English

No Fee for Service

Group

Ages 0-5 6-10 11-14 14-18 18-21

Parents, Caregivers of Person with Addiction

Families Anonymous Richard Barbara

Church of the Immaculate Conception

900 Darlington Avenue

Mahwah 07495 Bergen

201-327-0748

famahwah@verizon.net

English

No Fee for Service

Group Parents Support

Ages 0-5 6-10 11-14 14-18 18-21

Pet Therapy

Sileo Frank J. Ph.D

The Center for Psychological Enhancement, LLC

201 E. Ridgewood Avenue, #3

Ridgewood 07450 Bergen

201-447-0705

drfranksileo@yahoo.com

English

Insurances Not Accepted, Offer Sliding Scale Fees,

Limited Probono Sessions

Individual, Family, Couples

Ages 0-5 6-10 11-14 14-18 18-21

Phobias

Farah Wingerath Tamini LCSW Awakenings 222 Kinderkamack Rd Oradell 07649 Bergen 201-262-6704

taminimsw@gmail.com

English

Insurance Not Accepted, Offer Sliding Scale Individual, Family, Couples 6-10 11-14 Ages 0-5 14-18 18-21

Play Therapy

Diaz-Murphy Linda LCADC, LPC Full Circle Mediation & Counseling Center In-Home Counseling Bergen County Bergen 201-320-9907 lindamurphy@verizon.net

English, Spanish

Offer Sliding Scale Fees, Limited Probono Individual, Group, Family Ages 0-5 6-10 11-14 14-18 18-21

Play Therapy

Cosentino Maria MA, LCSW Bergen Alliance Counseling Services 85 Hopper Avenue Suite 6 Waldwick Bergen 201-445-7448 mcosentino@bergenalliancecounseling.com

English, Italian

Insurance Accepted, Offer Sliding Scale Fees, Provide Limited Probono Individual, Family, Couples 6-10 11-14 14-18 18-21 Ages 0-5

Play Therapy

Cosentino Maria MA, LCSW Bergen Alliance Counseling Services 21 Maitland Place Garfield Bergen 973-955-8137 mcosentino@bergenalliancecounseling.com

English, Italian

Insurance Accepted, Offer Sliding Scale Fees, Provide Limited Probono Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Play and Art Therapy with Young Children.

Leeuwenburgh Erika LPC, ATR-BC, CCLS Center 36 Creative Arts Network 36 Franklin Turnpike Waldwick 07463 Bergen 201-251-4242 Erikaelee@yahoo.com

English

Insurance Not Accepted, Offer Sliding Scale Individual, Group Ages 0-5 6-10 11-14 14-18 18-21

Play Therapy

Lisa D'Acierno LCSW Bergen Psychotherapy & Community Outreach 901 Teaneck Road Teaneck 07666 Bergen 201-357-2715 lisadaciernolcsw@yahoo.com English, Spanish

Medicare, Offer Sliding Scale Fees, Limited Probono Sessions Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Play Therapy

Baik Yisook LCSW Light the Way Counseling Center 662 Goffle Rd Suite #1 & #3 Hawthorne 07506 Bergen 973-636-9600 ysbaik2001@yahoo.com English, Korean

Insurance Accepted, Offer Sliding Scale Fees Individual, Family, Group

Ages 0-5 6-10 11-14 14-18 18-21

Post Traumatic Stress Disorders

Robyn Schwartz, LCSW 297 Kinderkamack Road, Suite 212 Oradell 07649 Bergen 201-967-1346 rschwartzlcsw@aol.com

English

Insurance Accepted, Offer Sliding Scale Fees, Limited Probono Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Post Traumatic Stress Disorders

Care Plus 610 Valley Health Plaza Paramus 07652 Bergen 201-262-8200

tarap@careplusnj.org

English, Sign, Korean, Portuguese, Greek, French, Polish, Hebrew

Insurance Accepted, Medicare, Medicaid, Offer Sliding Scale Fee Individual, Group, Family, Couples

Ages 0-5 6-10 11-14 14-18 18-21

Post Traumatic Stress Disorders

Pamela Pater Ennis LCSW

Hudson River Care & Counseling Center, LLC

61 Grand Ave. 3rd Floor

Englewood 07621 Bergen

201-962-6443

Hudsonrivercareandcounseling@yahoo.com

English

Insurance Accepted Medicare Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Post Traumatic Stress Disorders

Lisa D'Acierno LCSW

Bergen Psychotherapy & Community Outreach

901 Teaneck Road

Teaneck 07666 Bergen

201-357-2715

lisadaciernolcsw@yahoo.com

English, Spanish

Medicare, Offer Sliding Scale Fees,

Limited Probono Sessions

Individual, Group, Family, Couples

Ages 0-5 6-10 11-14 14-18 18-21

Post Traumatic Stress Disorders

Alida De Russi LCSW

Bergen Psychotherapy Community Outreach

901 Teaneck Rd.

Teaneck 07666 Bergen

201-833-8838

aad46@columbia.edu

English, Italian

Tri Care Only, Medicare, Offer Sliding Scale Fees

Individual, Group, Family

Ages 0-5 6-10 11-14 14-18 18-21

Postpartum Depression

Lisa D'Acierno LCSW

Bergen Psychotherapy & Community Outreach

901 Teaneck Road

Teaneck 07666 Bergen

201-357-2715

lisadaciernolcsw@vahoo.com

English, Spanish

Medicare, Offer Sliding Scale Fees,

Limited Probono Sessions

Individual, Group, Family, Couples

Ages 0-5 6-10 11-14 14-18 18-21

Postpartum Depression

Ellen Gamza LCSW

Partners in Counseling

103 Park Street Bldg B

Montclair 07042 Essex

973-202-0362

egamza@verizon.net

English

Insurance Accepted, Offer Sliding Scale Fees

Individual, Group, Family, Couples

Ages 11-14 14-18 18-21

Psychiatrist: Child and Adolescent

Vantage Health Systems, Inc.

Rockleigh 07647 Bergen

201-784-6490

vsidrow@vantagenj.org

English, Spanish, Korean

Accept Insurance, Medicare, Medicaid,

Offer Sliding Scale Fees

Individual, Group, Family, Couples

Ages 6-10 11-14 14-18 18-21

Psychoanalysis

Linda O. Sofer, MSW, LCSW

800 Catalpa Avenue

Teaneck 07666 Bergen

732-266-0286

lindasofermsw@yahoo.com

English Hebrew

Insurance Accepted Sliding Scale Fees

Free Initial Consultation

Individual Family Couples

Ages 10 to 21

Psychoanalysis & Psychotherapy

Dr. Richard Alperin 175 Cedar Lane Teaneck 07666 Bergen 201-836-5050 ralperin@aol.com

English

Insurance Accepted, Medicare, Offer Sliding Scale Fees Individual Group Family Couples Ages 11-14 14-18 18-21

Psychoanalytic Psychotherapy

Naomi Fox, LCSW 2200 N. Central Rd. Fort Lee 07024 Bergen 201-592-6989 nfox22461@aol.com

English

Insurances Not Accepted, Medicare Individual, Couples Ages 14-18 18-21

Psychotherapy

Candace Boltuch-Fagan LPC, LCADC 2357 Lemoine Avenue Ft. Lee 07024 Bergen 201-585-9814 locanfag@yahoo.com

English

Insurance Accepted, Offer Sliding Scale Fees Individual Family Couples Ages 11-14 14-18 18-21

Rational Emotive Therapy

Cindy Miller LCSW 65 North Maple St. Suite 202 Ridgewood 07450 Bergen 201-655-5319 cmillermsw@yahoo.com

English

Insurance not Accepted, Offer Sliding Scale Fees Individual Group Family Couples Ages 0-5 6-10 11-14 14-18 18-21

Re-Entry Programs and Family Services

H.O.P.E. for Ex-Offenders, Inc. 259 Passaic St Hackensack 07602 Bergen 201-646-1995 hopereentry259@verizon.net English Call for Fee

Individuals and Families

Ages 0-5 6-10 11-14 14-18 18-21

Residential Substance Abuse: Adolescent Males

Vantage Health Systems, Inc. 2 Park Avenue Dumont 07628 Bergen 201-567-0059 vsidrow@vantagenj.org

English, Spanish, Korean

Accept Insurance, Medicare, Medicaid, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Runaway

Juvenile Family Crisis Intervention Bergen County Division of Family Guidance 1 Bergen County Plaza, 2nd floor Hackensack 07601 Bergen 201-336-7350 emorley@co.bergen.nj.us

English

No Fee for Service Individual, Family Ages 11-14 14-18 18-21

School Based

Karin Schoenfeld, LCSW 65 North Maple Ave Suite 21 Ridgewood 07450 Bergen 551-655-2219 kjstherapy@gmail.com

English

Insurance Accepted Individual, Family Ages 6-10 11-14 14-18 18-21

School Social Worker

Care Plus

610 Valley Health Plaza Paramus 07652 Bergen

201-262-8200

tarap@careplusnj.org

English, Sign, Korean, Portuguese, Greek, French, Polish, Hebrew

Insurance Accepted, Medicare, Medicaid, Offer Sliding Scale Fee

Individual Group Family Couples

School Social Worker

Cindy Miller LCSW 65 North Maple St. Suite 202 Ridgewood 07450 Bergen 201-655-5319 cmillermsw@yahoo.com

English

Insurance not Accepted, Offer Sliding Scale Fees Individual Group Family Couples

Ages 0-5 6-10 11-14 14-18 18-21

School Social Worker Counselor

Maria Cosentino MA, LCSW Bergen Alliance Counseling Services 85 Hopper Avenue Suite 6 Waldwick Bergen 201-445-7448

mcosentino@bergenalliancecounseling.com

English, Italian

Insurance Accepted, Offer Sliding Scale Fees, Provide Limited Probono Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Self Esteem

Maria Cosentino MA, LCSW
Bergen Alliance Counseling Services
21 Maitland Place
Garfield Bergen
973-955-8137
mcosentino@bergenelliancecounseling

mcosentino@bergenalliance counseling.com

English, Italian

Insurance Accepted, Offer Sliding Scale Fees, Provide Limited Probono Individual, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Self Esteem

Maria Cosentino MA, LCSW
Bergen Alliance Counseling Services
85 Hopper Avenue Suite 6
Waldwick Bergen
201-445-7448
mcosentino@bergenalliancecounseling.com
English, Italian

Insurance Accepted, Offer Sliding Scale Fees, Provide Limited Probono

Individual, Family, Couples

Ages 0-5 6-10 11-14 14-18 18-21

Self Injury

Tracey J. Huff, LCSW 45 North Broad Street, Suite 505 Ridgewood 07450 Bergen 201-805-1517 thcolts@aol.com

English, Spanish

Insurances Not Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples
Ages 0-5 6-10 11-14 14-18 18-21

Self Mutilation

Karin Schoenfeld, LCSW 65 North Maple Ave Suite 21 Ridgewood 07450 Bergen 551-655-2219 kjstherapy@gmail.com

English

Insurance Accepted Individual, Family Ages 6-10 11-14 14-18 18-21

Self Mutilation

Pamela Pater Ennis LCSW
Hudson River Care & Counseling Center, LLC
61 Grand Ave. 3rd Floor
Englewood 07621 Bergen
201-962-6443
Hudsonrivercareandcounseling@yahoo.com
English

Insurance Accepted Medicare Individual Group Family Couples Ages 6-10 11-14 14-18 18-21

Self Mutilation

Tamini Farah Wingerath LCSW Awakenings 222 Kinderkamack Rd Oradell 07649 Bergen 201-262-6704 taminimsw@gmail.com

English

Insurance Not Accepted Individual, Family, Couples Ages 11-14 14-18 18-21

Self-Harm/Suicidal Behaviors

Alida De Russi LCSW Bergen Psychotherapy Community Outreach 901 Teaneck Rd. Teaneck 07666 Bergen 201-833-8838 aad46@columbia.edu

English, Italian

Tri Care Only, Medicare, Offer Sliding Scale Fees Individual, Group, Family Ages 0-5 6-10 11-14 14-18 18-21

Sexual Abuse Specialist

Care Plus 610 Valley Health Plaza Paramus 07652 Bergen 201-262-8200 tarap@careplusnj.org

English, Sign, Korean, Portuguese, Greek, French, Polish, Hebrew

Insurance Accepted, Medicare, Medicaid, Offer Sliding Scale Fee Individual Group Family Couples Ages 0-5 6-10 11-14 14-18 18-21

Short Term Crisis Intervention Parent/Child Conflict

Juvenile Family Crisis Intervention Bergen County Division of Family Guidance 1 Bergen County Plaza, 2nd floor Hackensack 07601 Bergen 201-336-7350 emorley@co.bergen.nj.us

English

No Fee for Service Individual, Family Ages 11-14 14-18 18-21

Social Anxiety Teen Group

Lillie Coleman West Bergen Center for Children and Youth 1 Cherry Lane Ramsey 07430 Bergen 201-444-3500

English

Offer Sliding Scale Fees Group for Teens Ages 12 - 17

Social Skills Program

Children's Aid and Family Services 148 Prospect Street Ridgewood 07450 Bergen 201-445-7015 Ext. 222

English

Call for Fee Group for Children Ages 6 - 8

Social Skills Program

Children's Aid and Family Services 148 Prospect Street Ridgewood 07450 Bergen 201-445-7015 Ext. 222

English

Call for Fee Group for Children Ages 9 - 12

Social Skills Program

Joan Walpole LAC Fair Lawn Mental Health Center 17-07 Romaine Street Fair Lawn 07410 Bergen 201-797-2660 Ext. 144 joanw@careplusnj.org **English**

\$375.00

Group, Adolescents and Caregivers Ages 5 - 18

Specialize in Repairing Ruptured Relationships

Katz Sherry LCSW Old Stories New Views 4 Wilsey Square, Suite 2 Ridgewood 07450 Bergen 201-445-4770 sherrykatz@optonline.net

English

Insurances Not Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Spirituality

Susan Donnelly LCSW Ridgewood Psychotherapy Associates 115 Pine Street Ridgewood 07450 Bergen 201-214-8938 susandlcsw@gmail.com

English

Insurance Accepted, Medicare, Offer Sliding Scale Individual Group Family Couples Ages 0-5 6-10 11-14 14-18 18-21

Stress and Grief

Jessica Shea LCSW Individualized Treatment Concepts, LLC 192 3Rd. Avenue Westwood 07657 Bergen 908-399-7325 jessicaleighshea@yahoo.com

English

Offer Sliding Scale Fees, Limited Probono

Ages 0-5 6-10 11-14 14-18 18-21

Stress Management

Dave Glaser, LCSW 9 Post Rd. Suite M1 Oakland 07436 Bergen 201-337-9165 dark44star@yahoo.com

English

Insurances Accepted, Medicare Individual, Family, Couples Ages 6-10 11-14 14-18 18-21

Substance Abuse

Dr. Richard Alperin 175 Cedar Lane Teaneck 07666 Bergen 201-836-5050 ralperin@aol.com English

Care Plus

Insurance Accepted, Medicare, Offer Sliding Scale Fees Individual Group Family Couples Ages 11-14 14-18 18-21

Substance Abuse and Mental Health Counseling for Teen Girls

Stephanie Blanchflower West Bergen Center for Children and Youth 120 Chestnut Street Ridgewood 07450 Bergen 201-444-3500

English

Call for Fee Group Adolescent Girls Ages 13 - 18

Substance Abuse Disorders

610 Valley Health Plaza Paramus 07652 Bergen 201-262-8200 tarap@careplusnj.org English, Sign, Korean, Portuguese, Greek, French, Polish, Hebrew Insurance Accepted, Medicare, Medicaid, Offer Sliding Scale Fee Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Substance Abuse Disorders

Alicia L. Poleshuk, Ph.D., LCSW 101 Cedar Lane, Suite 304 Teaneck 07666 Bergen 201-663-1257 drpoleshuk@aol.com

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 11-14 14-18 18-21

Substance Abuse Group for Teen Girls

Vantage Health Systems, Inc. 2 Park Avenue Dumont 07628 Bergen 201-567-0059

English, Spanish, Korean

Accept Insurance, Medicare, Medicaid, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

English, Spanish, Korean

Vantage Health Systems, Inc.

93 W. Palisades Avenue Englewood 07631 Bergen

201-567-0059

Accept Insurance, Medicare, Medicaid, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Substance Abuse Groups for Teen Boys

Vantage Health Systems, Inc. 2 Park Avenue Dumont 07628 Bergen 201-567-0059

English, Spanish, Korean

Accept Insurance, Medicare, Medicaid, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Substance Abuse Groups for Teen Boys

Substance Abuse Group for Teen Girls

Vantage Health Systems, Inc. 93 W. Palisades Avenue Englewood 07631 Bergen 201-567-0059

English, Spanish, Korean

Accept Insurance, Medicare, Medicaid, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 6-10 11-14 14-18 18-21

Substance Abuse Treatment for Teens

Jean Coe Ph.D, LCSW, LCADC West Bergen Mental Healthcare, Inc. 120 Chestnut Street Ridgewood 07451 Bergen 201-444-3500

English

Offer Sliding Scale Fees Individual Ages 6-10 11-14 14-18 18-21

Substance Use Disorders

Renata Jachna LPC, LCADC Clifton Counseling Services 60 Hadley Avenue Clifton 07011 Passaic 973-986-3047 jarenia@msn.com

English, Polish

Insurance not Accepted, Offer Sliding Scale Fees Individual Group Family Couples Ages 6-10 11-14 14-18 18-21

Substance Use Disorders

Susan Galperin, LCSW, LCADC 210 Hackensack Street Woodridge 07075 Bergen 201-224-3437 susangalperin@gmail.com **English**

Insurances Accepted, Offer Sliding Scale Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Substance Use Disorders

Susan Galperin, LCSW, LCADC 111 River Street Edgewater 07020 Bergen 201-224-3437 susangalperin@gmail.com English Insurances Accepted, Offer Sliding Scale Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Substance Use Disorders

Jay Granat Ph.D Skyline Consultation Group 1060 Main Street, Suite 307 River Edge 07661 Bergen 201-342-3663 info@stayinthezone.com

English, Spanish, Hebrew

Insurances Accepted Individual, Group, Family, Couples Ages 11-14 14-18 18-21

Substance Use Disorders

Sara Kossove, LCSW, ACSW, LLC 372 Kinderkamack Road, Suite 1A Westwood 07675 Bergen 201-674-3800 sara@sarakossove.com

English

Aetna Insurance Accepted, Offer Sliding Scale, Limited Probono Individual Group Family Ages 11-14 14-18 18-21

Substance Use Disorders

Gerald Opthot LPC, LCADC GAO Therapy, LLC 192 Third Avenue, Suite 1B Westwood 07675 Bergen 201-263-0202 gaotherapy@yahoo.com

English

Some Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family Ages 14-18 18-21

Substance Use Disorders

Naomi Fox, LCSW 2200 N. Central Rd. Fort Lee 07024 Bergen 201-592-6989 nfox22461@aol.com

English

Insurances Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 6-10 11-14 14-18 18-21

Substance Use Disorders

Dave Glaser, LCSW 9 Post Rd. Suite M1 Oakland 07436 Bergen 201-337-9165 dark44star@yahoo.com

English

Insurances Accepted, Medicare Individual, Family, Couples Ages 6-10 11-14 14-18 18-21

Substance Use Disorders

Tracey J. Huff, LCSW 45 North Broad Street, Suite 505 Ridgewood 07450 Bergen 201-805-1517 thcolts@aol.com

English, Spanish

Insurances Not Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples
Ages 0-5 6-10 11-14 14-18 18-21

Substance Use Disorders

Jo Ponticello, LCSW 3 Ernst Avenue Bloomfield 07003 Essex 973-338-6744 jop@factnj.org

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 11-14 14-18 18-21

Substance Use Disorders

Ellson Nancy RN, MSN, APN Wellness Works Health-Related Counseling 142 Munn Avenue Teaneck 07666 Bergen 201-692-1774 ellson@holyname.org

English, Spanish

Offer Sliding Scale Fees, Limited Probono Sessions Individual, Family Ages 14-18 18-21

Substance Use Disorders

Candace Boltuch-Fagan LPC, LCADC 2357 Lemoine Avenue Ft. Lee 07024 Bergen 201-585-9814 locanfag@yahoo.com

English

Insurance Accepted, Offer Sliding Scale Fees Individual Family Couples Ages 11-14 14-18 18-21

Substance Use/Abuse/Dependence

Michael D'Arcangelo MSW, LCSW, LCADC 33-11 Broadway, Suite 205 Fairlawn 07410 Bergen 201-475-8231 darcangelo@optonline.net

English

Insurances Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 6-10 11-14 14-18 18-21

Support for Grandparents Raising Grandchildren

Lynn Bolson
Family Support Organization of Bergen County
0-108 29th Street
Fair Lawn 07410 Bergen
201-796-6209
lbolson@covad.net

English

No Fee for Service Groups, Families Ages 0-5 6-10 11-14 14-18 18-21

Support Group for Socially Vulnerable Children

Lisa Iskander FDU Child Anxiety Disorders Clinic 131-139 Temple Avenue Hackensack 07602 Bergen 201-692-2645

English

No Fee-for-Service; Intake Fee \$30.00 Screening \$20.00 Group for youth Ages 8-12

Teen Boys Group

West Bergen Mental Healthcare, Inc. 1 Cherry Lane Ramsey 07430 Bergen 201-444-3500

English

Offer Sliding Scale Fees

Group Teen Boys Ages 13-16

Teen Girls

Lisa D'Acierno LCSW
Bergen Psychotherapy & Community Outreach
901 Teaneck Rd.
Teaneck 07666 Bergen
201-357-2715
lisadaciernolcsw@yahoo.com

English, Spanish

Medicare, Offer Sliding Scale Fees, Limited Probono Sessions Individual Group Family Couples Ages 0-5 6-10 11-14 14-18 18-21

Teen Girls Depression Group

Helena Fotopoulis West Bergen Center for Children and Youth 1 Cherry Lane Ramsey 07430 Bergen 201-444-3500

English

Offer Sliding Scale Fees Group Teen Girls Ages 14-17

Teen Girls with Depression

West Bergen Mental Healthcare, Inc. 1 Cherry Lane Ramsey 07430 Bergen 201-444-3500

English

Offer Sliding Scale Fees Group Ages 14-17

Teen Girls with Substance Use Issues

West Bergen Mental Healthcare, Inc. 120 Chestnut Street Ridgewood 07451 Bergen 201-444-3500

English

Offer Sliding Scale Fees Group Ages 13-17

Teen Marijuana Cessation Group

Jean Coe Ph.D, LCSW, LCADC West Bergen Mental Healthcare, Inc. 120 Chestnut Street Ridgewood 07450 Bergen 201-444-3500

English

Group Teens Ages 14-17

Teen Marijuana Cessation Group

Jean Coe Ph.D, LCSW, LCADC West Bergen Mental Healthcare, Inc. 3 Post Rd. 3rd Floor Oakland 07436 Bergen 201-444-3500

English

Group for Teens Ages 14-17

Therapeutic Social Skills Individuals with Asperger's

Bergen County Special Services CAPE Center 327 Ridgewood Avenue, Room 212 Paramus 07602 Bergen

www.aspenj.org/chapters.asp

English

Group, Fathers of Children Ages 0-5 6-10 11-14 14-18 18-21

Toddlers

Frances Levine, LCSW, BCD-P 101 Cedar Lane, Suite 304 Teaneck 07666 Bergen 201-837-5259 proffran@aol.com

English

Medicare, Offer Sliding Scale, Limited Probono Sessions Individual, Group, Family, Couples
Ages 0-5 6-10 11-14 14-18 18-21

Transitional Employment and Mentoring Services

H.O.P.E. for Ex-Offenders, Inc. 218 Passaic St. Hackensack 07602 Bergen 201-646-1995 hopereentry259@verizon.net English

Individuals and Group, Families Ages 0-5 6-10 11-14 14-18 18-21

Trauma

Sara Kossove, LCSW, ACSW, LLC 372 Kinderkamack Road, Suite 1A Westwood 07675 Bergen 201-674-3800 sara@sarakossove.com

English

Aetna Insurance Accepted, Offer Sliding Scale, Limited Probono Individual Group Family Ages 11-14 14-18 18-21

Trauma

Susan Donnally LCSW Ridgewood Psychotherapy Associates 115 Pine Street Ridgewood 07450 Bergen 201-214-8938 susandlcsw@gmail.com

English

Insurance Accepted, Medicare, Offer Sliding Scale Individual Group Family Couples Ages 0-5 6-10 11-14 14-18 18-21

Trauma

Jessica Shea LCSW Individualized Treatment Concepts, LLC 192 3Rd. Avenue Westwood 07657 Bergen 908-399-7325 jessicaleighshea@yahoo.com

English

Offer Sliding Scale Fees, Limited Probono

Ages 0-5 6-10 11-14 14-18 18-21

Trauma

Michele Greene Weisman Ph.D LCSW 58 Gentry Drive Englewood 07631 Bergen 201-871-8572 mweisman@nj.rr.com

English

Insurance not Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 14-18 18-21

Trauma

Tracey J. Huff, LCSW 45 North Broad Street, Suite 505 Ridgewood 07450 Bergen 201-805-1517 thcolts@aol.com

English, Spanish

Insurances Not Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 11-14 14-18 18-21

Trauma

D'Acierno Lisa LCSW Bergen Psychotherapy & Community Outreach 901 Teaneck Road Teaneck 07666 Bergen 201-357-2715 lisadaciernolcsw@yahoo.com

English, Spanish

Medicare Offer Sliding Scale Fees, Limited Probono Sessions Individual Group Family Couples Ages 0-5 6-10 11-14 14-18 18-21

Trauma Focused CBT Therapy

Care Plus 610 Valley Health Plaza Paramus 07652 Bergen 201-262-8200 tarap@careplusnj.org

English, Sign, Korean, Portuguese, Greek, French, Polish, Hebrew

Insurance Accepted, Medicare, Medicaid, Offer Sliding Scale Fee Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Trauma Specialist

610 Valley Health Plaza

Care Plus

Paramus 07652 Bergen 201-262-8200 tarap@careplusnj.org English, Sign, Korean, Portuguese, Greek, French, Polish, Hebrew Insurance Accepted, Medicare, Medicaid, Offer Sliding Scale Fee Individual, Group, Family, Couples

Ages 0-5 6-10 11-14 14-18 18-21

Trauma Therapy

Linda Diaz-Murphy LCADC, LPC
Full Circle Mediation & Counseling Center
In-Home Counseling
Bergen County Bergen
201-320-9907
lindamurphy@verizon.net
English, Spanish

Offer Sliding Scale Fees, Limited Probono Individual, Group, Family Ages 0-5 6-10 11-14 14-18 18-21

Trauma/ Abuse

Ellen Gamza LCSW Partners in Counseling 103 Park Street Bldg B Montclair 07042 Essex 973-202-0362 egamza@verizon.net

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Group, Family, Couples Ages 11-14 14-18 18-21

Trauma: EMDR

Alison Prince Hammonds, LCSW, BCD, LPC, ATR-BC 375 Sylvan Avenue Suite 40 Englewood Cliffs 07632 Bergen 201-541-4148 alihammonds@verizon.net

English

Insurance Accepted, Medicare, Offer Sliding Scale Individual, Group, Family, Couples
Ages 4-5 6-10 11-14 14-18 18-21

Truancy

Jacqueline Kim Szabo, LCSW 271 Fort Lee Road Leonia 07605 Bergen 201- 983-9275 jackiszabo@gmail.com

English, Korean

Insurance Accepted, Offer Sliding Scale Fees, Provide Limited Probono Individual, Families, Couples Ages 0-5 6-10 11-14 14-18 18-21

Truancy

Bergen County Division of Family Guidance 1 Bergen County Plaza, 2nd floor Hackensack 07601 Bergen 201-336-7350

English

No Fee for Service Individual, Family Ages 11-14 14-18 18-21

Working with Family Systems

Jo Ponticello, LCSW 3 Ernst Avenue Bloomfield 07003 Essex 973-338-6744 jop@factnj.org

English

Insurance Accepted, Offer Sliding Scale Fees Individual, Family, Couples Ages 11-14 14-18 18-21

Yoga & Meditation

Care Plus 610 Valley Health Plaza Paramus 07652 Bergen 201-262-8200 tarap@careplusnj.org

English, Sign, Korean, Portuguese, Greek, French, Polish, Hebrew

Insurance Accepted, Medicare, Medicaid, Offer Sliding Scale Fee Individual, Group, Family, Couples Ages 0-5 6-10 11-14 14-18 18-21

Young Adults

Sara Kossove, LCSW, ACSW, LLC 372 Kinderkamack Road, Suite 1A Westwood 07675 Bergen 201-674-3800 sara@sarakossove.com

English

Aetna Insurance Accepted, Offer Sliding Scale, Limited Probono Individual, Group, Family Ages 11-14 14-18 18-21

Youth Anger Management

Linda Del Tufo Care Plus Innovations 17-07 Romaine Street Fair Lawn 07410 Bergen 201-797-2660 Ext. 110

English

\$900.00 Group Teens Ages 12-18