

How-To Cite:

Teen Health & Wellness

(Reference Source / Database)

Follow these step-by-step directions to cite your TH&W source:

1. Know your citation elements: Title of Encyclopedia

The screenshot shows the Teen Health & Wellness website interface. At the top, the logo reads "Teen Health & Wellness" with the tagline "real life · real answers" below it. A navigation bar includes a "HOME" button and a "Back to Search Results" link. Below the navigation bar, there are options to "Browse by: Subject A-Z" and buttons for "PRINT", "EMAIL", and "CITE". The main content area is titled "MIND, MOOD, AND EMOTIONS" and features the article "Academic Anxiety" which is circled in orange. Below the article title, there is a "Listen" button and the heading "What Is Academic Anxiety?". The article text begins with "Every student feels stress and anxiety in school at one time or another. This stress might come from having to give a speech or presentation in front of class, or maybe a performance in front of the whole school. Perhaps you feel worried every time you enter a very strict teacher's classroom. Maybe in the past you have felt stressed out while trying to complete an assignment in a subject that isn't your strongest area. Having anxiety means feeling stressed out, whether it's because you have a lot on your plate or because you worry that what is on your plate is done well. The experience of feeling under pressure at school is not all that uncommon. School is where you learn new skills, and the main way in which teachers judge how well you're learning and practicing these skills is by assigning homework, reports, and presentations, and by giving tests and quizzes. As if they

presentations that won't go away, or if you experience any of the symptoms listed in the descriptions of the disorders, talk to an adult who will listen to your thoughts and feelings and help you find the help that you need from a trained mental health professional, counselor, psychiatrist, or psychologist.

Date of e-publication

Reviewed by: Michael T. Barta, PhD, LPC

Updated: November 2015

Database publisher / vendor

« PREVIOUS SECTION

Article Citation in MLA (Modern Language Association) Eighth Edition format:

"Academic Anxiety." *Teen Health and Wellness*. Rosen Publishing. November 2015, www.teenhealthandwellness.com/article/28/acad

2. Create a new citation

- Say **WHERE** it is (**Database**) and **WHAT** it is (**Reference Source**)

The screenshot shows the NoodleTools interface with a 'Create new citation' dialog box open. The dialog box has two main sections: 'Where is it?' and 'What is it?'. In the 'Where is it?' section, the 'Database' option is selected and circled in orange. In the 'What is it?' section, the 'Reference Source' option is selected and circled in orange. An orange arrow points from the text 'Say WHERE it is (Database) and WHAT it is (Reference Source)' to the 'Database' selection. Another orange arrow points from the same text to the 'Reference Source' selection. The background shows the 'MLA Works Cited' list with two entries.


Media Type	Citation
Reference Source Article/Entry View live web page Archive & annotate	"Greek Mythology." <i>UXL Encyclopedia</i> 2009, pp. 454-64. <i>Gale Virtual</i> i.do?p=GURL&sw=w&u=riverrd...fa68fc4f5a717be3197ff8. Acces... Created: 11/21/16 12:15 PM
Online Database Original Content Archive & annotate	"The Library." <i>TeenBiz3000</i> , Achie... Created: 10/14/16 07:36 AM

- *A Reference Source is any source that has individual articles, such as an encyclopedia. Teen Health & Wellness is an online subscription encyclopedia with articles on teen health issues.*

3. Complete the citation worksheet

Before you begin, make sure to show that you are citing an “E-publication (born digital)” source; this means there is no version of this source in print.

Citing: Reference Source Submit Cancel

Quick cite: [Copy & paste a citation](#) Import: ISBN Search 

Print Website **Database** E-book File

Print publication information provided E-publication (born digital)

Database publisher / vendor:

Date of publication:
November 2015

URL:

Most recent date of access [today?]:
November 2016

Article/Entry

Authors of article/entry:

Role	First name	Middle name	Last name or group	Suffix
Author	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

[+ Add another contributor](#)

Article/entry title:

Reference Source Change to: Select...

Contributors to the reference source as a whole:

Role	First name	Middle name	Last name or group	Suffix
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

[+ Add another contributor](#)

* Type of reference source:

* Title of encyclopedia:

Click this button for sources that are not in print such as TEEN HEALTH & WELLNESS and BRITANNICA SCHOOL.

Note that there is no author listed on the article so you leave this blank.

4. Here is your completed citation

Citation saved successfully

MLA Works Cited

+ Create new citation

Print/Export

Email

Analysis

Undelete

Notecard display: Show/hide all | Show/hide thought cards (notecards not linked to a citation)

Media Type	Citation
<input type="checkbox"/> Reference Source Article/Entry View live web page Archive & annotate	"Academic Anxiety." <i>Teen Health & Wellness</i> , Rosen Publishing, Nov. 2015, www.teenhealthandwellness.com/article/28/academic-anxiety. Accessed 28 Nov. 2016. Created: 11/28/16 11:46 AM
<input type="checkbox"/> Reference Source Article/Entry View live web page Archive & annotate	"Greek Mythology." <i>JXL Encyclopedia of World Mythology</i> , vol. 3, Detroit, OXL, 2009, pp. 454-64. <i>Gale Virtual Reference Library</i> , go.galegroup.com/ps/i.do?p=GURL&sw=w&u=riverdrhs_ca&v=2.1&it=r&id=GALE%7CCX3230900145&asid=6264933369fa68fc4f5a717be3197ff8. Accessed 21 Nov. 2016. Created: 11/21/16 12:15 PM
<input type="checkbox"/> Online Database Original Content Archive & annotate	"The Library." <i>TeenBiz3000</i> , Achieve3000, 1 Mar. 2016. Created: 10/14/16 07:36 AM
<input type="checkbox"/> Web Site Web Page View live web page Archive & annotate	"Technology: 5 Ways to Reboot Yourself." <i>TeensHealth</i> , Nemours Foundation, Oct. 2013, kidshealth.org/en/teens/reboot.html?WT.ac=t-ra. Accessed 3 Nov. 2016. Created: 11/03/16 02:10 PM
<input type="checkbox"/> Magazine Archive & annotate	"You Say You Want A Revolution.." <i>Newsweek</i> 142.12 (2003): 37. <i>MasterFILE Elite</i> . Web. 12 May 2016. Created: 05/12/16 07:04 AM Updated: 10/07/16 01:50 PM Note: This is a copy of a preformatted citation

Select one or more items and perform an action:

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Description:

Select an attribute...

Apply