



Join us for a virtual Parent Academy!

Delay Your Gray: Parenting Even During a Pandemic

With Liz Jorgensen, CADC, Director, Insight Counseling, LLC

Wednesday, October 28, 7:00–8:30 pm ET via Zoom

[CLICK HERE TO REGISTER](#)

RSVP by October 27 to reserve your spot

Parent Academy: A series of fun and informative workshops for parents and educators, featuring expert speakers on teen mental health and adolescent development—from technology and substance use to sexuality and socializing.

Delay Your Gray: Parenting Even During a Pandemic

With regular routines disrupted and families facing a variety of stressors, this is a challenging time for parents. Join us for a series of interactive webinars with our experts—yes, we want to hear from you!—on topics related to teen mental health and family connection. In this webinar, parents will learn practical tools for managing their own emotions and helping their child not only survive but grow from current stress.

Liz Jorgensen, CADC

Liz Jorgensen is a speaker and author who teaches for Harvard Medical School's continuing education program and is a regular presenter at Newport Academy conferences and events. Drawing from her 32 years as an adolescent counselor and her real-life experience as the mother of four grown children, Liz has led hundreds of workshops helping parents navigate adolescent development, behavior, and emotions—including how to set loving and firm limits with teens in a way that makes them feel safe and seen.



Questions?

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Upcoming Parent Academy Events

November 18 at 7:00 pm EST

Presented by:



NEWPORT HEALTHCARE

Empowering Lives. Restoring Families.™

Newport Healthcare is a series of evidence-based healing centers for teens, young adults, and families struggling with mental health issues, eating disorders, and substance abuse. Newport Healthcare offers a family-systems approach, providing gender-specific, individualized, and integrated programs that encompass clinical therapy, academic support, and experiential practices.

Newport Healthcare's Nationwide Programs:

NEWPORT ACADEMY



FOR TEENS

NEWPORT INSTITUTE



FOR YOUNG ADULTS

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